DIAGNOSTIC APPROACH

THERAPEUTIC APPROACH

SPECIAL CONDITIONS

BP categories

Office BP thresholds

CV Risk assessment

HMOD search

Severe hypertension

Office BP Targets

Drug treatment initiation

Initial drug treatment choice

Sodium intake

Sugar consumption

Stress management

Patient frailty

Search for secondary HT

Renal denervation

Supplementary Fig. 1. Main elements of differences between european and american guidelines on hypertension, related to the diagnostic approach, therapeutic intervention and special conditions section. BP: blood pressure; CV: cardiovascular; HMOD: hypertension-mediated organ damage; HT: hypertension.