

Review

Septic Cardiomyopathy and Mitochondrial Quality Control

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Abstract

Septic cardiomyopathy (SCM) is a prevalent and serious cardiac complication arising from sepsis-induced multiple organ dysfunction syndrome (MODS). The pathogenesis of SCM is complex and primarily involves immune-inflammatory responses, oxidative stress, programmed cell death, and mitochondrial dysfunction. In recent years, mitochondrial quality control (MQC) has attracted growing interest as a central mechanism for maintaining cellular homeostasis and myocardial energy metabolism in SCM. This review systematically summarizes recent advances in four key MQC mechanisms involved in SCM: (1) phosphatase and tensin homolog-induced putative kinase 1 (PINK1)/Parkin-mediated mitophagy; (2) mitochondrial dynamics, including dynamin-related protein 1 (Drp1)/fission protein 1 (FIS1)-driven fission and optic atrophy protein 1 (OPA1)/mitofusin (MFN)-regulated fusion; (3) mitochondrial biogenesis under the regulatory control of the peroxisome proliferator-activated receptor gamma coactivator-1 alpha (PGC-1α)/nuclear respiratory factor 1 (NRF1)/mitochondrial transcription factor A (TFAM) axis; and (4) the mitochondrial unfolded protein response (UPR^{mt}), which maintains mitochondrial proteostasis through mediators such as C/EBP homologous protein (CHOP), YME1-like protease (YME1L), and Overlapping activity with m-AAA protease 1 (OMA1). These mechanisms have been shown to work synergistically to regulate mitochondrial clearance, renewal, and functional maintenance. Any imbalance among them can exacerbate myocardial injury. This review also emphasizes the redox crosstalk between oxidative stress and immune inflammation, with an emphasis on the pivotal contributions of NADPH oxidase 2 (NOX2), high mobility group box 1 (HMGB1), and the nucleotide-binding oligomerization domain-like receptor family pyrin domain containing 3 (NLRP3) inflammasome in vascular endothelial dysfunction and cardiac depression. In conclusion, preserving the dynamic equilibrium of MQC is crucial for preventing or reversing SCM and may present novel molecular targets and therapeutic strategies.

Keywords: sepsis; cardiomyopathies; mitochondrial dysfunction; mitophagy; mitochondrial dynamics; oxidative stress; inflammation

1. Introduction

Myocardial dysfunction caused by sepsis is marked by transient and reversible cardiac abnormalities that can progress to left ventricular dilation accompanied by loss of contractile function. In severe cases, it can result in multiple organ failure or even death. Sepsis is a critical clinical syndrome defined by life-threatening organ dysfunction caused by an aberrant and dysregulated host response to infection [1]. The contemporary definition of sepsis highlights organ dysfunction as a core component, with cardiac impairment—driven by systemic inflammation and altered blood volume distribution—serving as a critical factor and further intensified by the reduced efficiency of tissue oxygen utilization [2]. Emerging evidence suggests that septic myocardial dysfunction is predominantly mediated by two principal mechanisms: the direct impact of invading pathogens, and activation of the immune system triggered within the host [3,4]. Pathophysiologically, myocardial injury arises from a multifaceted interplay between reduced myocardial perfusion, intrinsic myocardial depression, and mitochondrial dysfunction [4]. These processes are highly interconnected, and although each is recognized as a key contributor, growing evidence points to mitochondrial dys-

function as a central factor in the initiation and maintenance of sepsis-induced cardiac abnormalities (Fig. 1).

This review aims to elucidate the mechanisms underlying sepsis-induced myocardial dysfunction and explore potential therapeutic targets, with a particular focus on mitochondrial dysfunction.

This schematic summarizes the integrated mechanisms linking inflammation, oxidative stress, and mitochondrial quality control (MQC) dysfunction in septic cardiomyopathy. Under septic conditions, pathogen-associated molecular patterns (PAMPs) and damage-associated molecular patterns (DAMPs) such as lipopolysaccharide (LPS) and mitochondrial DNA (mtDNA) can activate Toll-like receptor 4 (TLR4)—nuclear factor kappa B (NF-κB) signaling. This leads to excessive production of pro-inflammatory cytokines, such as tumor necrosis factor-α (TNF-α), interleukin-1β (IL-1β), and interleukin-6 (IL-6), as well as the release of high-mobility group box 1 (HMGB1).

Inflammatory signaling is tightly coupled to oxidative stress through enhanced generation of mitochondrial reactive oxygen species (mtROS) and activation of NADPH oxidase 2 (NOX2). This forms a self-amplifying redox-inflammatory loop that overwhelms antioxidant de-



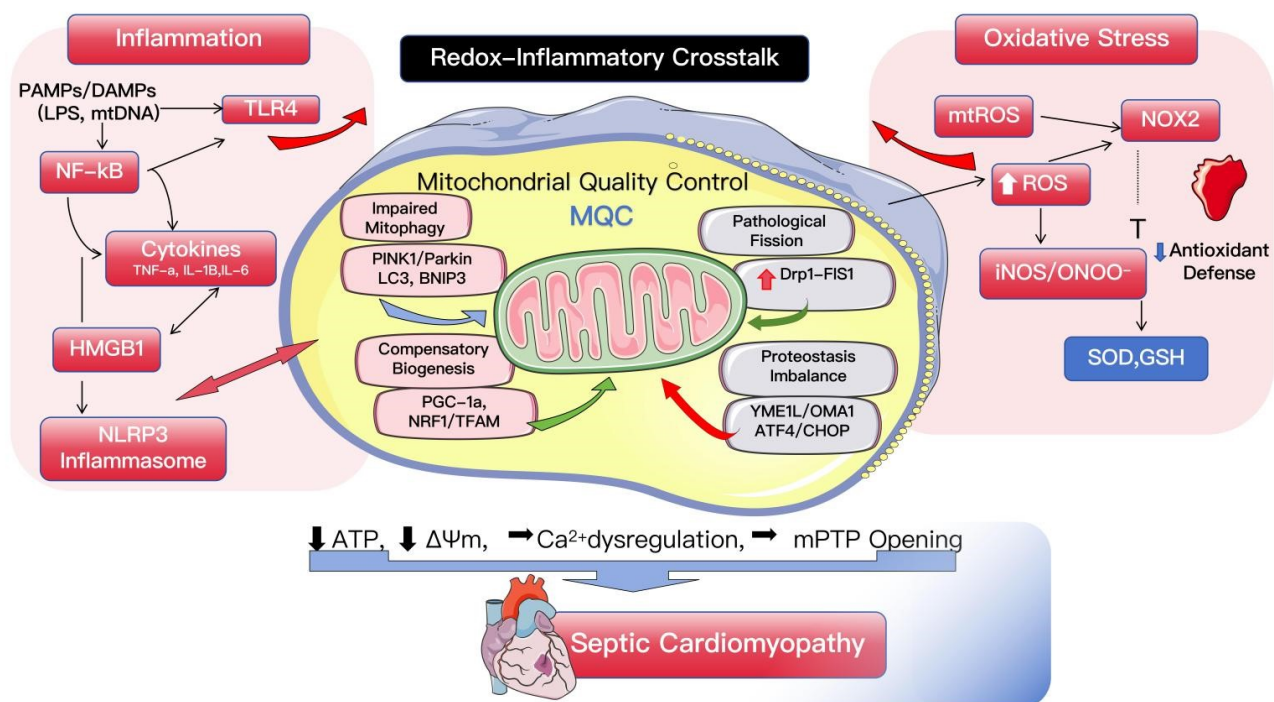


Fig. 1. Redox-inflammatory crosstalk-driven mitochondrial quality control failure in septic cardiomyopathy. TLR4, Toll-like receptor 4; NF-κB, nuclear factor kappa B; TNF-α, tumor necrosis factor-α; IL-1β, interleukin-1β; HMGB1, high mobility group box 1; NLRP3, nucleotide-binding oligomerization domain-like receptor family pyrin domain containing 3; PINK1, phosphatase and tensin homolog-induced putative kinase 1; BNIP3, B-cell lymphoma2 Interacting Protein 3; PGC-1α, peroxisome proliferator-activated receptor gamma coactivator-1 alpha; NRF1, nuclear respiratory factor 1; TFAM, mitochondrial transcription factor A; Drp1, dynamin-related protein 1; FIS1, fission protein 1; YME1L, YME1-like protease; OMA1, Overlapping activity with m-AAA protease 1; ATF4, activating transcription factor 4; CHOP, C/EBP homologous protein; ATP, adenosine triphosphate; mPTP, mitochondrial permeability transition pore; mtROS, mitochondrial reactive oxygen species; ROS, reactive oxygen species; NOX2, NADPH oxidase 2; iNOS, inducible nitric oxide synthase; ONOO⁻, peroxynitrite; SOD, superoxide dismutase; GSH, glutathione; ΔΨm, mitochondrial membrane potential.

fenses, including superoxide dismutase (SOD) and glutathione (GSH), and promotes inducible nitric oxide synthase (iNOS)-derived reactive nitrogen species.

These converging stress signals target MQC pathways, resulting in impaired phosphatase and tensin homolog-induced putative kinase 1 (PINK1)/Parkin-mediated mitophagy, pathological dynamin-related protein 1 (Drp1)-fission protein 1 (FIS1)-dependent mitochondrial fission, disruption of mitofusin 1/2 (MFN1/2)- and optic atrophy protein 1 (OPA1)-mediated mitochondrial fusion, and insufficient compensatory mitochondrial biogenesis governed by the peroxisome proliferator-activated receptor gamma coactivator-1 alpha (PGC-1α)-nuclear respiratory factor 1 (NRF1)-mitochondrial transcription factor A (TFAM) axis. Concurrent dysregulation of mitochondrial proteostasis, involving YME1-like protease (YME1L), OMA1 zinc metallopeptidase (OMA1), activating transcription factor 4 (ATF4), and C/EBP homologous protein (CHOP), further exacerbates mitochondrial dysfunction.

Collectively, MQC failure leads to impaired oxidative phosphorylation, decreased adenosine triphosphate

(ATP) production, loss of mitochondrial membrane potential (ΔΨm), calcium (Ca²⁺) dysregulation, opening of the mitochondrial permeability transition pore (mPTP), cardiomyocyte injury, and ultimately the development of septic cardiomyopathy.

2. Literature Search Strategy

This literature search was conducted primarily in the PubMed database to identify relevant studies addressing mitochondrial dysfunction and quality control mechanisms in sepsis-induced cardiomyopathy. The search focused on articles published within the three most recent years. If insufficient literature was retrieved for specific topics, the search time frame was progressively extended to five years, and when necessary, up to 10 years to ensure comprehensive coverage of foundational and mechanistic studies.

Eligible article types included review articles, systematic reviews, randomized controlled trials, clinical trials, and meta-analyses. Studies were restricted to those published in English. Case reports, conference abstracts, editorials, and non-peer-reviewed articles were excluded.

In addition, the reference lists of key articles were manually screened to identify additional relevant studies that may not have been captured through the initial database search. This stepwise and iterative search strategy was applied to enhance methodological transparency and reproducibility, while ensuring the inclusion of both recent advances and seminal contributions in the field.

3. Pathological Mechanisms of Septic Cardiomyopathy

3.1 Inflammatory Injury

Sepsis is a clinical condition marked by systemic physiological and biochemical disturbances caused by an abnormal host response to infection that may result in multi-organ injury and potentially fatal outcomes [5]. Bacterial toxins and inflammatory mediators initiate a systemic immune response, underpinning the complex interaction between pathogens and the host immune system that characterizes the pathophysiology of sepsis.

As depicted in Fig. 2, the host immune system identifies invading pathogens by detecting PAMPs, including LPS, lipoteichoic acid, flagellin, bacterial DNA, as well as mannans from fungi and single- or double-stranded viral RNA. These mediators engage pattern recognition receptors (PRRs) expressed on host cells, such as TLRs. PRRs can also recognize DAMPs, which serve as endogenous danger signals, thus activating the innate immune response [3,6,7]. To date, ten TLR isoforms have been identified in the human genome [8]. Upon binding with PAMPs, these receptors activate intracellular signaling cascades that ultimately lead to the translocation of NF- κ B into the nucleus, thereby promoting the transcription of pro-inflammatory mediators [9,10]. The onset of inflammation is attributed to an imbalance between pro-inflammatory and anti-inflammatory cytokines [11]. Within the spectrum of pro-inflammatory mediators, the excessive elaboration of interleukins (e.g., IL-6) and TNF- α represents a pivotal driver of myocardial cellular injury and apoptosis. In this pathogenic cascade, TNF- α and IL-1 β exert synergistic effects to induce myocardial depression [12]. Both cytokines can also stimulate nitric oxide (NO) production—a process that perturbs normal cardiac physiological function [5,13]. HMGB1, another critical pro-inflammatory mediator, not only exacerbates endotoxin-induced mortality but also serves as a pivotal regulator in sepsis-associated cardiac dysfunction. Zhang et al. [14] identified at least one mechanistic pathway through which HMGB1 elicits cardiac dysfunction: upon interaction with TLR4, HMGB1 promotes the generation of intracellular reactive oxygen species (ROS), thereby initiating oxidative stress. This signaling cascade activates Ca²⁺/calmodulin-dependent protein kinase II (CaMKII), which subsequently mediates phosphorylation of the ryanodine receptor 2 (RyR2). Furthermore, HMGB1 induces Ca²⁺ spark-mediated Ca²⁺ leakage from the sarcoplasmic reticulum (SR) via TLR4 and

ROS-dependent signaling. This leads to depletion of SR Ca²⁺ stores, impairment of excitation-contraction (EC) coupling, and ultimately a reduction in myocardial contractility [9].

3.2 Oxidative Stress and Inflammation

An imbalance between the generation and degradation of ROS is a hallmark of most cardiovascular disorders [15,16,17]. In the setting of sepsis, oxidative stress can promote adaptive responses under hypoxic conditions, facilitate bacterial clearance, and support endothelial repair. However, sepsis also disrupts the balance between ROS, reactive nitrogen species (RNS), and antioxidant defense systems. Endothelial cells continuously produce superoxide anions (O₂⁻), which are converted by SOD into hydrogen peroxide (H₂O₂). H₂O₂ is subsequently detoxified into water by catalase and peroxidases. To counteract oxidative insults, mammals possess robust enzymatic systems such as glutathione peroxidase, glutathione reductase, and non-enzymatic antioxidants like vitamins A, C, and E. The balance between oxidants and antioxidants constitutes the redox homeostasis. During inflammation, oxidative stress is characterized by excess ROS and RNS, decreased activity of antioxidant enzymes such as SOD and catalase, reduced GSH levels, and potential vitamin deficiencies, leading to impaired antioxidant defenses [18]. The inflammatory process has been clearly linked to vascular dysfunction and a range of cardiovascular diseases, including hypertension, hypercholesterolemia, and coronary atherosclerosis [19,20]. These non-septic disease models provide well-established illustrative paradigms for understanding fundamental redox-immune interactions. Mechanistically, mitochondrial superoxide/H₂O₂ activates immune cells through redox signaling, leading to activation of phagocytic NOX2 [21,22]. Following infusion of angiotensin II (AT-II) in mice, T cells isolated from the spleen showed increased mitochondrial superoxide/H₂O₂ production, elevated TNF- α levels, and enhanced energy metabolism via increased ATP generation. These changes could be reversed *in vitro* by treatment with mitochondria-targeted antioxidants, such as the SOD mimetic mitoTEMPO [23]. Mitochondrial ROS production is a major trigger for NOX2 activation through redox crosstalk [24,25], and NOX2 activation is essential for the activation, recruitment, and vascular infiltration of monocytes and T cells [26,27,28]. This was confirmed by Wenzel et al. [26] via monocyte transfer experiments: mice lacking myeloid monocytes were tolerant to AT-II infusion; this tolerance was abolished by transplanting wild-type monocytes, but not gp91^{phox-/-} (Nox2^{-/-}) monocytes. Similarly, Guzik et al. [28] showed that transferring wild-type T cells (but not B cells) into RAG1^{-/-} immunodeficient mice restored AT-II-induced hypertension, an effect not seen with p47^{phox-/-} T cells. B cells also play a substantial role in the progression of AT-II-induced hypertension [29]. Conversely, blood pressure normalization in hu-

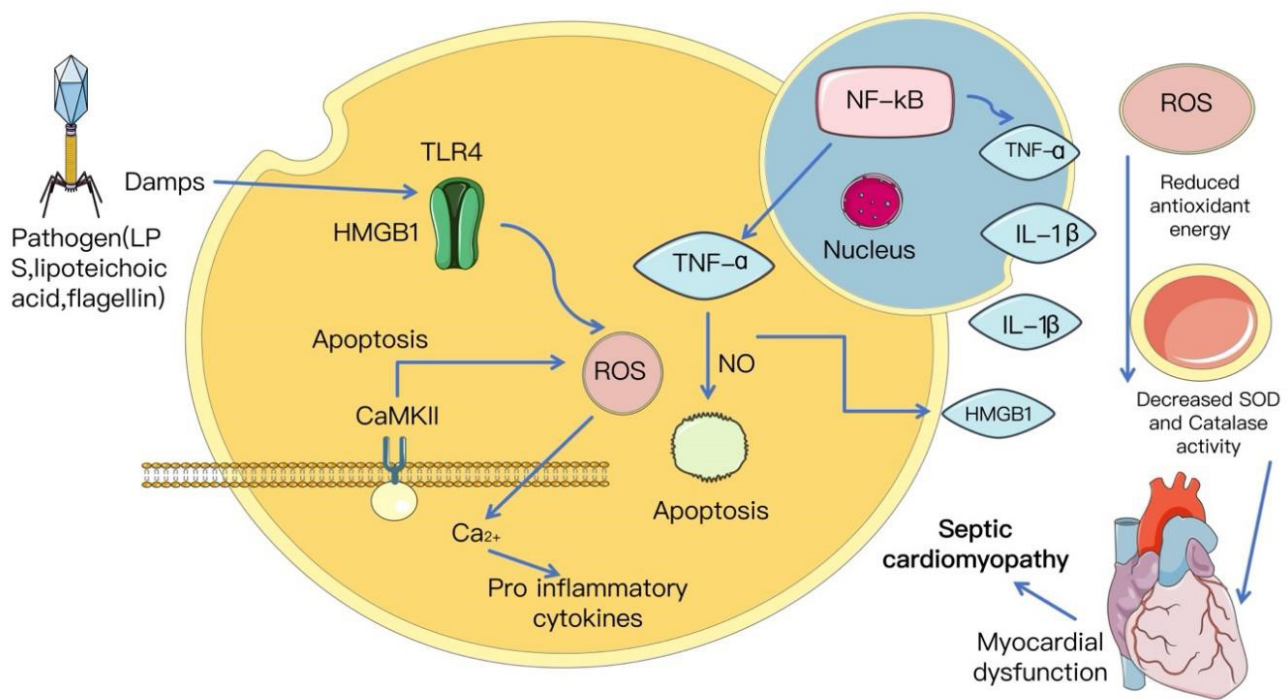


Fig. 2. Inflammatory and oxidative stress-mediated mechanisms contributing to sepsis-induced cardiomyopathy. LPS, lipopolysaccharide; CaMKII, Ca²⁺/calmodulin-dependent protein kinase II; Ca²⁺, calcium; NO, nitric oxide.

manized hypertensive mouse models leads to reduced immune cell infiltration [30]. Although these findings arise primarily from hypertension models, they provide critical mechanistic insight into how mitochondrial ROS-NOX2 redox crosstalk drives immune activation. Importantly, in the setting of sepsis and septic cardiomyopathy (SCM), similar redox-sensitive immune mechanisms are engaged in a far more acute and systemic manner. In this context, PAMPs, DAMPs, and overwhelming cytokine release act as dominant upstream triggers, resulting in excessive NOX2 activation, amplification of mitochondrial oxidative stress, endothelial dysfunction, and profound myocardial depression.

Redox-dependent interactions between inflammation and coagulation have also been described in experimental hypertension, including elevated tissue factor (TF) expression, enhanced leukocyte-platelet interactions, immune cell infiltration, oxidative stress, endothelial dysfunction, and increased blood pressure. Targeting adhesion molecules and coagulation-related pathways such as Vascular Cell Adhesion Molecule-1 (VCAM-1), TF, thrombin, coagulation factor XI (FXI), platelet glycoprotein Iba (GPIba), and Mac-1 via pharmacological, genetic, or immunological approaches has been shown to reverse these pathological alterations [31]. Platelet function is therefore gaining increasing attention in cardiovascular risk assessment. Mean platelet volume (MPV) has been associated with hypertension and rheumatoid arthritis [32], although technical limitations currently hinder its widespread clinical application [33]. Notably, in sepsis, platelets actively partic-

ipate in immunothrombosis and redox-sensitive inflammatory signaling, thereby contributing to microvascular dysfunction and myocardial injury. The complex interactions among immune cells (especially monocytes/macrophages), platelets, and vascular cells have been systematically reviewed, together with their regulation via redox mechanisms [34,35,36,37].

Oxidative stress also contributes to inflammation by promoting protein and DNA oxidation, generating oxidized nucleotides, activating protein kinases (e.g., ERK1/2, JNK), and inhibiting protein phosphatases. For instance, mtROS can enhance mitochondrial membrane permeability through opening the mPTP. This mechanism promotes the release of oxidized mtDNA, which functions as a DAMP to initiate sterile inflammatory responses [34,38]. ROS further modulate inflammatory signaling through multiple mechanisms: redox-sensitive protein complexes (e.g., p53-JNK, nuclear factor erythroid 2-related factor 2 (Nrf2)-Keap1); regulation of inflammatory mediators (e.g., HMGB1, S100 proteins, and DAMPs); oxidative modification of transcription factors, including Nrf2, activator protein 1 (AP-1), NF-κB, and hypoxia-inducible factor-1α (HIF-1α) [39,40,41]. Furthermore, highly reactive lipid-derived compounds termed isoketals have been implicated in hypertension by forming adducts with proteins, promoting immune cell infiltration into the vasculature, and contributing to elevated blood pressure [42]. The cellular redox status modulates monocyte migration and macrophage recruitment [43]. Additional mechanisms of redox regula-

tion include oxidative modification of Mitogen-Activated Protein Kinase (MAPK) phosphatase 1 [44], regulation of the Slingshot-1L interaction with binding protein 14-3-3 ζ [45,46], and alterations in S-glutathionylation patterns [46]. Extensive evidence supports widespread crosstalk between oxidative stress and inflammatory signaling pathways. For example, activation of the nucleotide-binding oligomerization domain-like receptor family pyrin domain containing 3 (NLRP3) inflammasome is redox-dependent [47,48,49,50,51,52], while HMGB1, a critical “redox hub”, plays an essential role in orchestrating the inflammatory cascade [41,53,54]. Moreover, oxidative stress profoundly influences the formation of neutrophil extracellular traps (NETs) [55,56,57,58,59,60] as well as the regulation of numerous inflammatory transcription factors and mediators [35]. Notably, both NLRP3 and HMGB1—key regulators of the inflammatory response—are tightly controlled by cysteine redox modifications. The crystal structure of NLRP3 contains a conserved disulfide bond that links the pyrin (PYD) domain with the nucleotide-binding domain, rendering the inflammasome highly sensitive to changes in cellular redox status [52]. Similarly, HMGB1 exhibits distinct biological activities based on its redox state: in its fully reduced form, it acts as a chemokine; when a disulfide bond is formed between Cys23 and Cys45, it functions as a pro-inflammatory cytokine; and upon terminal oxidation of all cysteine residues, it becomes biologically inactive [54].

Direct molecular evidence for the interaction between oxidative stress and inflammation comes from genetically modified mouse models targeting antioxidant defenses or ROS-generating enzymes. These models exhibit pronounced inflammatory phenotypes. For example, GPx-1 knockout mice show age-related increases in the inflammatory marker CD68 and vascular ROS formation (detected via DHE staining), suggesting a link between mitochondrial ROS and chronic, low-grade inflammation in aging [61,62]. Additionally, SOD2 (MnSOD) heterozygous knockout mice exhibit increased NOX2 activity in leukocytes and worsened endothelial dysfunction, especially following exposure to AT-II [63]. Likewise, knockout of heme oxygenase-1 (HO-1) led to increased NOX2 levels, elevated vascular ROS, and worsened endothelial injury in the context of AT-II-induced hypertension [64]. HO-1 deficiency also promoted CCR2 (CD192) expression, leukocyte rolling and adhesion, and increased neutrophil and monocyte infiltration.

In sepsis-associated myocardial injury, the above inflammatory and oxidative stress signals do not operate in isolation, but instead form a persistently amplified pathogenic network through a highly coupled NOX2–HMGB1–NLRP3 signaling axis. Dysregulation of this axis can synergistically suppress mitochondrial biogenesis and disrupt the balance of mitochondrial autophagy and dynamics. Collectively, NOX2, HMGB1, and the NLRP3 inflammasome constitute a tightly interconnected pathogenic sig-

naling axis that plays a central amplifying role in sepsis-induced myocardial injury. Aberrant activation of NOX2 markedly increases the generation of ROS in both the cytosol and mitochondria, leading to mitochondrial DNA damage, impairment of oxidative phosphorylation (OXPHOS), and the reduction of $\Delta\Psi_m$ [65,66]. Sustained NOX2-derived ROS further suppresses mitochondrial biogenesis by inhibiting the PGC-1 α –NRF1–TFAM signaling axis, thereby limiting the renewal and replacement of damaged mitochondria [67]. Concurrently, oxidative stress promotes Drp1-dependent mitochondrial fission while disrupting mitochondrial fusion dynamics, resulting in mitochondrial network fragmentation and functional decline. Under conditions of impaired autophagic flux, such dysfunctional mitochondria are prone to accumulation or excessive clearance [68].

As a prototypical DAMP, HMGB1 can be released from injured or stressed cardiomyocytes. It then amplifies inflammatory responses through TLR4- and RAGE-dependent signaling pathways, further exacerbating mitochondrial dysfunction and energetic failure [69]. Mechanistically, HMGB1 participates directly in regulating autophagy by modulating the interaction between Beclin-1 and Bcl-2. It exhibits a context-dependent “biphasic” effect: transient activation of autophagy facilitates clearance of damaged mitochondria, whereas sustained or excessive HMGB1 signaling induces excessive or non-selective autophagy, leading to mitochondrial depletion and aggravated cardiomyocyte injury [70]. Prolonged HMGB1-mediated inflammatory stimulation can also suppress mitochondrial biogenesis and trigger maladaptive endoplasmic reticulum stress responses, further disrupting mitochondrial proteostasis [14].

Mitochondrial damage driven by NOX2 and HMGB1 strongly activates the NLRP3 inflammasome through increased mitochondrial ROS production, mtDNA release, and externalization of cardiolipin [49,71]. Once activated, the NLRP3 inflammasome promotes caspase-1 activation and the release of pro-inflammatory cytokines, further amplifying mitochondrial dysfunction and energetic collapse and ultimately exacerbating cardiomyocyte injury [72]. Importantly, impaired mitophagy prevents the efficient removal of inflammasome-activating mitochondria, rendering NLRP3 signaling difficult to terminate and ultimately establishing a self-amplifying vicious cycle of “inflammation–mitochondrial damage” [73,74].

3.3 Programmed Cell Death

A large body of evidence has demonstrated that ROS and RNS serve as pivotal mediators in the triggering of programmed cell death [75,76]. For instance, H₂O₂, hydroxyl radicals ($\cdot$ OH), and peroxynitrite (ONOO $^-$) can induce oxidative modification of lipids, proteins, and DNA, as well as damage to various organelles, including mitochondria and the endoplasmic reticulum—ultimately resulting in exten-

sive biomolecular impairment [77,78,79]. These oxidative insults can trigger apoptotic pathways through the intrinsic mitochondrial pathway, as well as extrinsic pathways involving death receptors and the endoplasmic reticulum [80,81,82]. In particular, ONOO⁻ has been shown to directly increase mitochondrial outer membrane permeability. This induces mPTP, disrupts the electron transport chain (ETC), and halts ATP synthesis, ultimately leading to irreversible cell death [77,83]. Moreover, both ONOO⁻ and H₂O₂ rapidly activate the Fas death receptor pathway and downstream effectors caspases, including caspase-2, -7, and -9 [84]. It is important to note that ROS/RNS exert concentration-dependent effects on cells: low levels may activate pro-survival signaling pathways, moderate levels induce apoptosis, while high concentrations or prolonged exposure typically result in necrosis. Thus, the severity of redox imbalance dictates whether endothelial cells (ECs) undergo apoptosis or necroptosis, both of which contribute significantly to endothelial dysfunction. Mechanistically, apoptotic and necrotic ECs both exhibit procoagulant properties. For instance, in an apoptosis model induced by staurosporine, Bombeli et al. [85,86] observed rapid phosphatidylserine (PS) exposure and TF activation on the cell surface. This was accompanied by a marked reduction in anticoagulant factors, including thrombomodulin, tissue factor pathway inhibitor (TFPI), and heparan sulfate [85,86]. In contrast, necrotic cells release large quantities of DAMPs and PS-positive microparticles, which further amplify both local and systemic coagulation and inflammatory responses [63,87]. Ultimately, EC death leads to structural disruption and increased membrane permeability, exacerbating protein and fluid extravasation from capillaries under septic and oxidative stress conditions, and thereby aggravating organ damage [88].

PAMPs, including LPS, lipoteichoic acid, and flagellin, together with DAMPs such as HMGB1, activate TLR4 signaling in cardiomyocytes during sepsis.

Activation of TLR4 triggers downstream NF- κ B signaling, promoting the production of proinflammatory cytokines, including TNF- α and IL-1 β . Concurrently, excessive generation of ROS, Ca²⁺ overload mediated by CaMKII, and NO production contribute to mitochondrial dysfunction and cardiomyocyte apoptosis.

Sustained oxidative stress and inflammatory signaling impair antioxidant defense systems, characterized by reduced SOD and catalase activity, ultimately leading to myocardial dysfunction and the development of septic cardiomyopathy.

4. Physiological Regulation and Therapeutic Targets of Mitochondrial Quality Control

4.1 Mitophagy

Mitophagy, a selective form of autophagy, represents a fundamental mechanism for preserving mitochondrial quality and maintaining cellular homeostasis. By se-

lectively degrading damaged or dysfunctional mitochondria, mitophagy ensures the proper functioning of cellular metabolism [89,90]. Currently, two major mitophagy pathways have been identified: the ubiquitin-dependent (non-receptor-mediated) pathway and the receptor-mediated pathway [91], as shown in Fig. 3. The ubiquitin-dependent mitophagy pathway is primarily regulated by PINK1 and its downstream E3 ubiquitin ligase Parkin. Under physiological conditions, PINK1 is imported into the mitochondrial intermembrane space and rapidly degraded by proteases [92]. In contrast, loss of $\Delta\Psi_m$ results in the accumulation of PINK1 on the outer mitochondrial membrane (OMM) [93]. At this site, PINK1 phosphorylates itself, as well as ubiquitin molecules and Parkin at Ser65, thereby activating Parkin and recruiting it to the mitochondria [94,95]. Activated Parkin ubiquitinates several OMM proteins, including mitofusin 2 (Mfn2) [96], Tom20 [97], and voltage-dependent anion channel 1 (VDAC1). These ubiquitinated proteins are subsequently recognized by autophagic adaptors, including nuclear dot protein 52 (NDP52) and optineurin, which interact with microtubule-associated protein 1 light chain 3 (LC3). This interaction facilitates the recruitment of autophagic membranes to encapsulate the damaged mitochondria. The resulting autophagosome sequesters various mitochondrial components—proteins, nucleic acids, carbohydrates, and lipids—which are ultimately delivered to lysosomes for degradation [98,99].

The receptor-mediated mitophagy pathway functions independently of ubiquitin. Instead, specific mitochondrial membrane proteins bind directly to autophagy-related protein 8 (Atg8) family proteins via an LC3-interacting region (LIR) motif. BCL2-like protein 13 (BCL2L13), an OMM protein containing two LIR motifs, interacts with the Unc-51 like autophagy activating kinase 1 (ULK1) autophagy-initiating complex. Its phosphorylation enhances mitophagic activity, and it is considered a mammalian homolog of Atg32 [100,101].

B-cell lymphoma2 Interacting Protein 3 (BNIP3), which is monomeric in the cytoplasm under basal conditions, forms dimers upon stress and becomes anchored to the mitochondrial membrane. Phosphorylation of BNIP3 at Ser17 and Ser24 enhances its affinity for LC3 [102,103]. NIX, also known as BCL2 interacting protein 3 (BNIP3L), is structurally similar to BNIP3. Phosphorylation of NIX at Ser212 facilitates dimerization and membrane localization, while Ser34 and Ser35 phosphorylation increase its binding to Atg8 family proteins [104,105]. Additionally, FUN14 domain containing 1 (FUNDC1) is a hypoxia-sensitive mitochondrial receptor located on the OMM. Its N-terminal LIR motif is regulated by phosphorylation at three critical sites: Ser13, Ser16, and Tyr18. Phosphorylation at Ser16 activates FUNDC1-mediated mitophagy, whereas phosphorylation at Ser13 and Tyr18 exerts inhibitory effects [106,107,108,109,110]. Under physiological conditions, p-FUNDC1^{Ser13} and p-FUNDC1^{Tyr18} are highly expressed.

Mitophagy

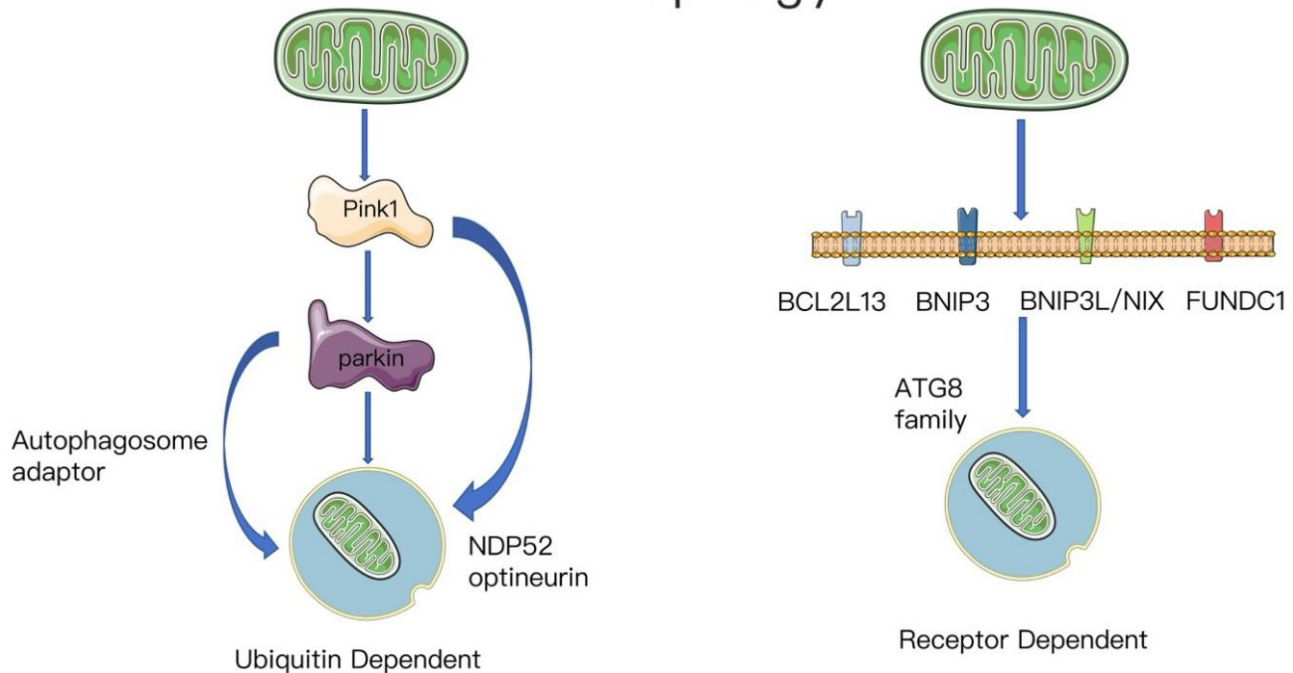


Fig. 3. Major pathways of mitophagy. BCL2L13, BCL2-like protein 13; BNIP3L/NIX, BCL2 interacting protein 3; FUNDC1, FUN14 domain containing 1; ATG8, Autophagy-related protein 8.

However, during acute hypoxia or cellular stress, their expression is downregulated, thereby enhancing FUNDC1-dependent mitophagic activity [108,109].

In summary, mitophagy operates via two complementary molecular pathways—ubiquitin-dependent and receptor-mediated—to enable the recognition, sequestration, and degradation of damaged mitochondria. This dual-system mechanism is essential for maintaining mitochondrial number and functional balance within the cell.

Ubiquitin-dependent mitophagy is characterized by the accumulation of PINK1 on damaged mitochondria, which recruits and activates Parkin, an E3 ubiquitin ligase. Parkin-mediated ubiquitination of OMM proteins promotes the recruitment of autophagy adaptor proteins, including NDP52 and optineurin, thereby facilitating autophagosome formation and mitochondrial sequestration.

Receptor-mediated mitophagy is initiated through direct interactions between LIR motifs present in OMM proteins—including BCL2L13, BCL2/adenovirus E1B 19 kDa protein-interacting protein 3 (BNIP3), BNIP3L/NIX, and FUNDC1—and members of the Atg8/microtubule-associated protein 1 LC3 family. These interactions lead to the selective engulfment of mitochondria by autophagosomes.

4.2 Mitochondrial Dynamics

Mitochondrial dynamics occur primarily through three mechanisms: (1) transport of mitochondria along the cytoskeleton, (2) interactions with subcellular structures,

and (3) morphological remodeling via fission and fusion, which together govern remodeling of both the outer and inner mitochondrial membranes. These dynamic processes are integral to mitochondrial biogenesis and mitophagy, as well as the maintenance of mitochondrial morphology. Moreover, the degradation of organelles occurs through autophagy [111]. Mitochondrial fission enables the generation of two or more daughter mitochondria [112,113], facilitating the autophagic clearance of damaged mitochondrial DNA. Fission plays an essential role in the asymmetric distribution of young and aged mitochondria, thus preserving stem cell characteristics and supporting mitochondrial DNA segregation during division [112,113,114]. In mammals, mitochondrial fission is mainly regulated by the GTPase Drp1, which is located in the cytosol alongside the dynein-dynactin retrograde motor complex [115]. Deletion of Drp1 leads to excessive mitochondrial elongation as a result of unopposed fusion activity, whereas dynamin 2 (DNM2) may contribute to the final scission between mitochondria and the endoplasmic reticulum, but its absence does not entirely inhibit fission [116,117,118]. Therefore, Drp1 is regarded as the master regulator of mitochondrial fission, capable of constricting mitochondrial membranes and functioning as the minimal machinery necessary for membrane scission [117].

Mitochondrial fusion proceeds through two sequential steps: fusion of the OMM, followed by fusion of the inner mitochondrial membrane (IMM). Mitofusin 1 (Mfn1) and Mitofusin 2 (Mfn2) are dynamin-related GTPases abun-

dantly expressed in mammals. Both are central to OMM fusion [119]. Structurally, Mfn1 and Mfn2 each comprise four principal domains: (1) a conserved GTPase catalytic domain, (2) heptad repeat 1 (HR1), (3) heptad repeat 2 (HR2), and (4) a C-terminal transmembrane domain [120]. The HR1 and HR2 domains mediate Mfn1/2 dimerization, whereas the GTPase domain is critical for OMM recognition and the subsequent fusion of adjacent mitochondria.

During the fusion process, Mfn1 and Mfn2 located on distinct mitochondria first recognize and interact with one another, initiating OMM fusion through GTP hydrolysis. This is followed by IMM fusion, mediated by optic atrophy protein 1 (Opa1), completing the final stage of the fusion process. IMM fusion is pivotal for the formation of cristae structures that are indispensable for the efficiency of OXPHOS [121]. Opa1 contains four functional domains [122]: (1) an N-terminal mitochondrial targeting sequence (MTS), (2) a GTPase domain, (3) a GTPase effector domain (GED), and (4) an HR1 domain. Although the structure of Opa1 has been elucidated, the exact molecular mechanism underlying IMM fusion remains unclear. A recent study suggests that Opa1 can rapidly assemble in a head-to-tail configuration, promoting membrane curvature and forming unstable protrusions on opposing inner membranes [123].

Opa1 exists in two isoforms: long-form Opa1 (L-Opa1), which is primarily anchored to the IMM, and short-form Opa1 (S-Opa1), which is generated through cleavage of L-Opa1 by mitochondrial proteases, including OMA1 and ATP-dependent zinc metalloproteases [124]. The proteolytic conversion from L-Opa1 to S-Opa1 is typically associated with reduced fusion capacity, cristae remodeling, and the induction of mitochondrial fragmentation [125].

Mitochondrial fission—the division of a single mitochondrion into two or more daughter mitochondria—plays a critical role in regulating mitochondrial number, spatial distribution, and intracellular inheritance. In contrast to mitochondrial fusion, which involves both outer and inner membrane remodeling, fission is predominantly mediated by proteins associated with the OMM. As shown in Fig. 4, these include Drp1, mitochondrial fission factor (Mff), fission protein 1 (Fis1), and mitochondrial dynamics proteins of 49 and 51 kDa (MiD49 and MiD51, respectively) [126,127].

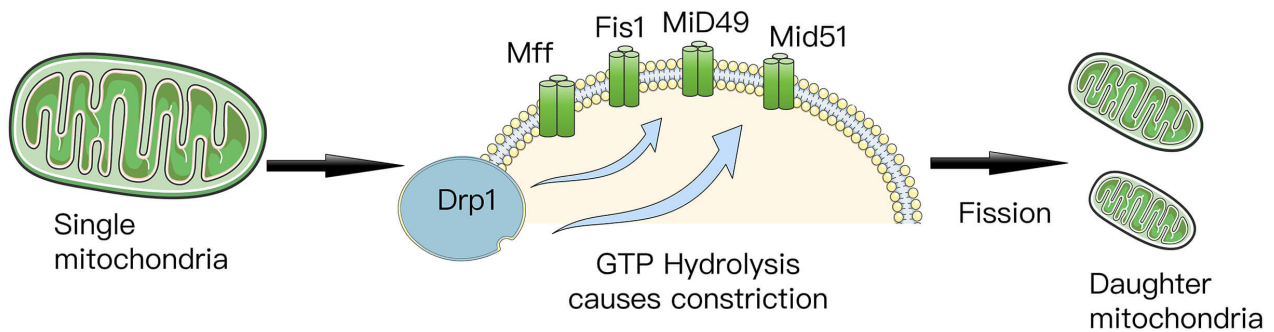
Drp1 is a cytosolic, GTP-dependent dynamin-related protein composed of four functional domains: (1) the bundle signaling element (BSE), (2) the GTPase domain, (3) the GED, and (4) a variable region (B-insert) [128]. Upon interacting with its receptors on the OMM, Drp1 initiates fission by assembling into ring-like structures that constrict the mitochondrion through GTP hydrolysis, leading to division. The translocation of Drp1 from the cytosol to mitochondria is tightly regulated by multiple post-translational modifications, including phosphorylation, ubiquitination, SUMOylation, S-nitrosylation, O-GlcNAcylation, and acetylation [129]. These modifications enhance Drp1 oligomeriza-

tion and receptor affinity, promoting fission. Similarly, the phosphorylation state of Drp1 receptors such as Fis1 and Mff also influences the efficiency of fission, with phosphorylated forms exhibiting higher Drp1-binding capacity [130].

While physiological fission contributes to mitochondrial homeostasis, pathological or excessive fission may result in mitochondrial damage or cell death. Over-fragmentation can impair mitochondrial DNA integrity, reduce expression of ETC subunits, and compromise ATP production [131,132]. Furthermore, it promotes the generation of ROS and may induce dissociation of hexokinase 2 (HK2) from the OMM [133], thereby facilitating sustained opening of the mPTP. Mitochondrial fission disrupts the $\Delta\Psi_m$, increases membrane permeability, and promotes the release of cytochrome c, which in turn initiates apoptotic signaling cascades [134]. Additionally, mitochondrial fission can induce necroptosis [135].

While the role of mitochondrial fission in metabolic regulation continues to be debated, Drp1-mediated mitochondrial fission is not a functionally homogeneous process. Instead, its downstream biological consequences largely depend on the specific OMM receptor proteins that are recruited [136]. Among the identified Drp1 receptors, Fis1 and MiD51 exhibit pronounced differences in the coupling between mitochondrial fission and mitophagy, and under certain stress conditions may even exert opposing regulatory effects [136,137,138]. Accumulating evidence indicates that Fis1 promotes the stable accumulation of PINK1 on the surface of depolarized mitochondria and enhances the recruitment of Parkin to the OMM, thereby activating the PINK1/Parkin-dependent mitophagy pathway and facilitating the selective clearance of damaged mitochondria [137]. However, Fis1 can also inhibit Parkin-independent mitophagy by restricting the recruitment of syntaxin 17 (STX17) to mitochondria. Given that STX17 is an essential SNARE protein required for autophagosome-lysosome fusion, Fis1 may bias MQC toward PINK1/Parkin-dependent mitophagy while concurrently suppressing the activation of alternative mitochondrial clearance mechanisms [138]. In contrast, MiD51 primarily functions as a high-affinity receptor for Drp1, driving the execution of mitochondrial fission events. However, fission mediated by MiD51 is inefficiently coupled to mitophagy signaling pathways. Under conditions of impaired or insufficient autophagic flux, sustained or excessive MiD51-dependent fission can lead to abnormal accumulation of fragmented mitochondria that are not promptly removed, ultimately exacerbating mitochondrial dysfunction [136,139]. Recent studies suggest that moderate fission supports mitochondrial metabolic homeostasis [140]. For example, in neonatal mouse hearts, Drp1 is highly expressed, and cardiomyocyte-specific knockout of Drp1 leads to impaired respiration, mitochondrial malformation, and myocardial hypertrophy. Conditional Drp1 deletion in

Mitochondrial Fission



Drp1 : Mediates mitochondrial fission by oligomerizing on the outer membrane and hydrolyzing GTP to constrict and sever the membrane.

Fis1 : Regulating Drp1 activity

Mid49/Mid51 : OMM receptors that promotes Drp1 binding

Fig. 4. Molecular mechanisms of mitochondrial fission. Mff, mitochondrial fission factor; Fis1, fission protein 1; MiD49, mitochondrial dynamics protein of 49; GTP, Guanosine Triphosphate; OMM, outer mitochondrial membrane.

cardiomyocytes results in swollen mitochondria and profound metabolic derangements [141].

Mitochondrial transport along the cytoskeleton is essential for cellular distribution and turnover [142]. In mammalian cells, mitochondria are primarily transported along microtubules, with kinesin motor proteins driving movement toward the plus end and dynein toward the minus end [143]. This association is coordinated by adaptor proteins such as Milton and the Rho GTPase Miro, which tether the mitochondria to kinesins [143]. Mfn1 and Mfn2 interact with Miro and Milton, and Mfn2 deletion results in defective mitochondrial trafficking in neurons [144]. Extracellular glucose also regulates mitochondrial motility in neurons. Most axonal mitochondria in mice are immobile, a state regulated by syntaphilin (SNPH), which anchors them to microtubules. Deletion of SNPH increases axonal mitochondrial mobility. In response to elevated Ca^{2+} levels, Miro releases kinesin-1, which then binds SNPH to suppress mitochondrial movement [145]. Additionally, Milton undergoes O-GlcNAcylation by O-linked N-Acetylglucosamine Transferase (OGT) in response to extracellular glucose, which inhibits mitochondrial motility [146,147].

The schematic illustrates the progression from an intact mitochondrion to two daughter mitochondria through a fission event. Drp1, a cytosolic GTPase, is recruited to mitochondrial fission sites on the OMM by multiple adaptor proteins, including Mff, Fis1, and MiD49 and MiD51. Upon recruitment, Drp1 oligomerizes into ring-like structures on the OMM and induces membrane constriction through GTP hydrolysis, ultimately resulting in mitochondrial division. The resulting daughter mitochondria main-

tain structural integrity and contribute to mitochondrial quality control, cellular metabolism, apoptosis regulation, and cell cycle progression.

4.3 Mitochondrial Biogenesis

Mitochondrial biogenesis is the cellular process by which mitochondrial number and mass are increased in response to elevated energy demands or specific intracellular signaling cues [148]. The majority of mitochondrial proteins are encoded by the nuclear genome, requiring tight coordination between nuclear transcription and translation and mitochondrial genome expression to ensure the efficient generation of new mitochondria [149]. Proper mitochondrial biogenesis relies on diverse signaling cascades and transcriptional networks, which are regulated by multiple classes of transcription factors and co-activators [150]. In addition to nuclear transcriptional regulators, mitochondrial biogenesis is also modulated by mitochondrial retrograde signals, such as ATP, ROS, and Ca^{2+} [151]. Disruption of $\Delta\Psi_m$ impairs Ca^{2+} uptake by mitochondria, while increased cytosolic Ca^{2+} activates various Ca^{2+} -dependent kinases and initiates signaling cascades that regulate mitochondrial biogenesis [152], as shown in Fig. 5.

NRF1 and NRF2 were the first nuclear transcription factors identified to play pivotal roles in regulating mitochondrial biogenesis [153,154]. NRF1 regulates the expression of genes encoding respiratory chain complex subunits, enzymes involved in heme biosynthesis, components of the mtDNA transcription and replication machinery, as well as proteins essential for mitochondrial import and assembly [155]. NRF1 also activates multiple

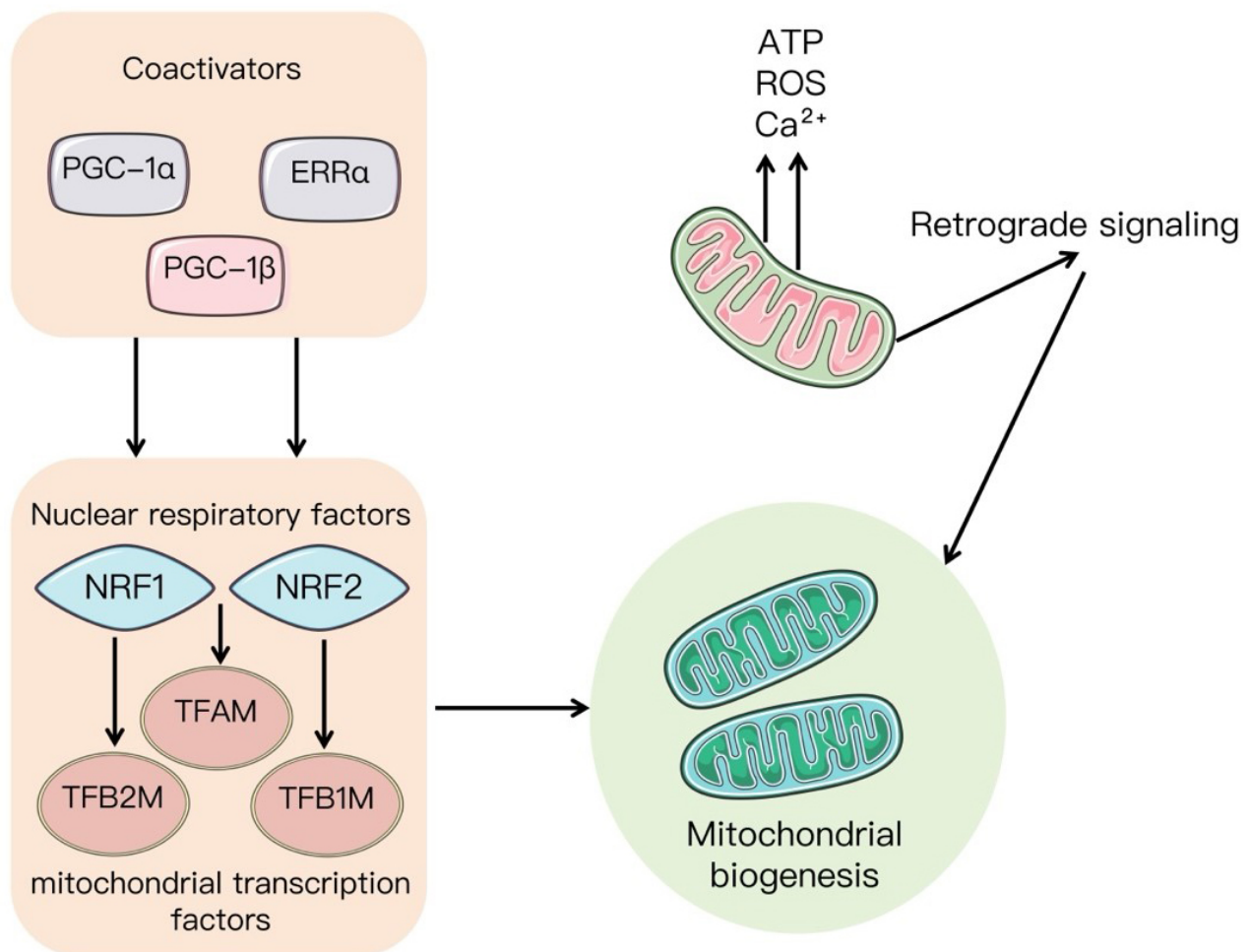


Fig. 5. Transcriptional regulation of mitochondrial biogenesis and retrograde signaling. PGC-1β, PGC-1 beta; ERRα, estrogen-related receptor alpha; TFB2M, mitochondrial transcription factor B2; TFB1M, mitochondrial transcription factor B1.

genes involved in the formation of the respiratory chain complex [154,156]. Furthermore, NRF1 directly induces transcription of TFAM, mitochondrial transcription factor B1 (TFB1M), and mitochondrial transcription factor B2 (TFB2M), all of which are key regulators of mitochondrial transcription and mtDNA maintenance [150,157]. NRF2, also known as GA-binding protein (GABP), is composed of two subunits—NRF2a and NRF2b—that assemble into a functional α2β2 heterotetrameric complex [158]. The DNA-binding domain (DBD) is located in NRF2a, while the transactivation domain (TAD) resides in NRF2b. Both subunits are essential for the transcriptional activity of the complex [159]. NRF2 plays a critical role in regulating genes involved in respiratory chain formation and mitochondrial transcription. Although NRF2 is a weaker activator of the TFAM promoter compared to NRF1, it can still bind to it [157]. The presence of both NRF1 and NRF2 binding sites within the TFAM promoter further supports a coordinated regulatory mechanism in mitochondrial biogenesis [152,155].

The estrogen-related receptor alpha (ERRα) also functions as a key regulator in mitochondrial biogenesis through its cooperation with PGC-1α and PGC-1 beta (PGC-1β). A large number of mitochondrial genes contain ERRα response elements, and knockout of ERRα significantly impairs PGC-1α/PGC-1β-induced mitochondrial biogenesis [160,161]. Importantly, NRF1 and NRF2 are downstream targets of the PGC-1α/ERRα axis, driving the expression of mitochondrial respiratory chain genes [162,163]. PGC-1α is widely regarded as the master regulator of mitochondrial biogenesis, functioning as a transcriptional coactivator that integrates the activities of multiple transcription factors, including NRF1, NRF2, and ERRα [155]. PGC-1α also enhances the transcriptional activity of NRF1, upregulates the expression of both NRF1 and NRF2, and promotes the transcription of TFAM as well as genes encoding components of the mitochondrial respiratory chain [164]. PGC-1β, a homolog of PGC-1α, also interacts with NRF1, NRFα, and NRFβ, indicating it has an equally critical role in regulating mitochondrial biogenesis [152].

This schematic illustrates the coordinated regulation of mitochondrial biogenesis through nuclear–mitochondrial communication. PGC-1 α and PGC-1 β function as central transcriptional coactivators that integrate metabolic and stress-related signals to activate downstream NRF1 and NRF2. These transcription factors induce the expression of mitochondrial transcriptional regulators, including TFAM, TFB1M, and TFB2M, thereby promoting mtDNA transcription and replication, and driving mitochondrial biogenesis. ERR α acts as an additional co-regulator within the PGC-1 signaling network, enhancing the transcription of genes involved in mitochondrial structure and oxidative metabolism.

In parallel, retrograde signals originating from mitochondria, such as ATP, ROS, and Ca²⁺, feed back to the nucleus to modulate transcriptional programs, ensuring dynamic regulation of mitochondrial quantity and function.

4.4 Mitochondrial Unfolded Protein Response (UPRmt)

The mitochondrial UPRmt constitutes a highly conserved MQC mechanism that functions to preserve mitochondrial integrity and homeostasis under pathological conditions (Fig. 6). This adaptive response may be triggered by the accumulation of misfolded mitochondrial proteins, mitochondrial depolarization, or an imbalance in the expression levels between mitochondrial and nuclear-encoded proteomes. The UPRmt shares several common regulatory elements with the endoplasmic reticulum unfolded protein response (UPRER), particularly transcription factors such as CHOP, CCAAT/enhancer-binding protein β (C/EBP β), and eukaryotic initiation factor 2 α (eIF2 α) [165,166]. The UPRmt involves a complex network of signaling molecules, transcription factors, mitochondrial proteases (e.g., OMI/HTRA2, LONP1, caseinolytic mitochondrial matrix peptidase proteolytic subunit (ClpP), paraplegin, YME1L, mitochondrial-processing peptidase [MPP], and OMA1), antioxidants (e.g., thioredoxin 2), endonucleases (e.g., endonuclease G), and molecular chaperones (e.g., mitochondrial 70-kDa heat shock protein [mtHsp70], Hsp60, Hsp10, and DnaJ homolog subfamily A member 3 [Hsp40]) [167,168,169,170]. Peptides generated by mitochondrial proteases are exported via half transporter, a member of the ATP-binding cassette subfamily B member 10 (ABCB10) in mammals. They subsequently activate the transcription factors CHOP, C/EBP β , and ATF4 through the c-Jun/AP-1 pathway [165,166].

A key regulatory axis of UPRmt is governed by the reciprocal regulation between two mitochondrial proteases: YME1L and OMA1. YME1L, an ATP-dependent protease homologous to the yeast i-AAA, and OMA1, a zinc-dependent metalloprotease, can cleave and suppress each other under specific intracellular conditions [171]. Upregulation of YME1L results in OMA1 inactivation, and vice versa. Both enzymes can be induced under stress conditions. In the presence of sufficient ATP, persistently acti-

vated YME1L can be reactivated by mitochondrial depolarization. OMA1, which is inactive under non-stress conditions, becomes activated upon mitochondrial depolarization in the context of ATP depletion [171]. Notably, excessive oxidative stress can inactivate YME1L, resulting in cell death [172]. Although most studies suggest that OMA1 negatively affects mitochondrial and cellular function, Bohovych et al. [173] demonstrated that OMA1 deficiency compromises the stability of respiratory chain supercomplexes and mitochondrial biogenesis in mouse embryonic fibroblasts. When activated, YME1L promotes UPRmt by degrading mitochondrial proteins and disturbing mito-nuclear protein balance [174]. Loss of YME1L impairs normal mitochondrial fission and fusion, leading to excessive ROS production and increased sensitivity to oxidative stress, a phenomenon attributed to OMA1 upregulation and its cleavage of the pro-fusion protein OPA1 [175]. Additionally, YME1L deficiency reduces cell proliferation, diminishes anti-apoptotic capacity, and increases protein carbonylation [167].

UPRmt plays a critical protective role in maintaining mitochondrial function by sustaining ATP production, reducing excessive ROS, and inhibiting the activation and release of pro-apoptotic mitochondrial factors [176]. Under stress conditions, the UPRmt-associated transcription factor activating transcription factor associated with stress-1 (ATFS-1) promotes the assembly of oxidative phosphorylation complexes, ensuring continued energy metabolism [177]. Concurrently, UPRmt-related proteases such as YME1L [167] and ClpP [168] identify and eliminate dysfunctional respiratory chain components, facilitating repair and reconstruction of the electron transport chain. Through these mechanisms, the UPRmt helps to preserve OXPHOS in damaged mitochondria. It is important to note that hyperactivation of ClpP in tumor cells by agents such as ONC201 (imipridone) can paradoxically inhibit OXPHOS and induce apoptosis, reflecting a double-edged sword effect of UPRmt modulation [168,178].

This schematic illustrates activation of the UPRmt under conditions of mitochondrial stress. Accumulation of unfolded or misfolded proteins within mitochondria leads to increased ROS production, thereby triggering UPRmt signaling. Activation of the transcription factor ATFS-1 promotes the expression of mitochondrial proteases, including YME1L and ClpP. This facilitates the degradation of damaged respiratory chain subunits and maintenance of mitochondrial proteostasis.

In parallel, ATFS-1 translocates to the nucleus and induces the transcription of genes involved in OXPHOS assembly and function. Through these coordinated adaptive responses, UPRmt contributes to the stabilization of mitochondrial structure, restoration of OXPHOS complexes, increased ATP production, reduced ROS accumulation, and suppression of apoptosis.

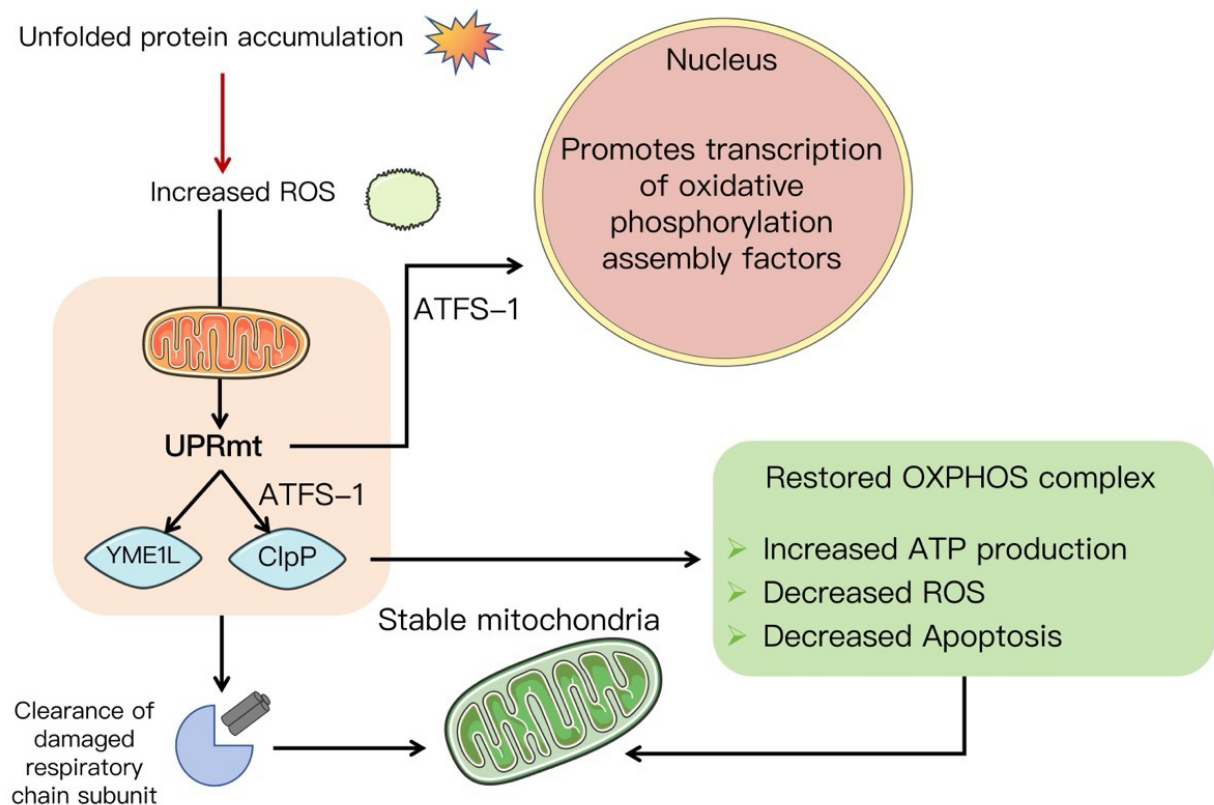


Fig. 6. Mitochondrial unfolded protein response (UPRmt) and restoration of mitochondrial proteostasis. ATFS-1, activating transcription factor associated with stress-1; ClpP, caseolytic mitochondrial matrix peptidase proteolytic subunit; OXPHOS, oxidative phosphorylation.

4.5 Dynamic Decision-Making and Coordinated Mechanisms of Mitochondrial Quality Control

Based on the above mechanisms, MQC can be conceptualized as a highly coordinated and dynamic regulatory network. Mitochondrial biogenesis is primarily governed by the PGC-1 α -NRF1-TFAM transcriptional axis, which precisely coordinates the expression of nuclear and mitochondrial-encoded genes to increase mitochondrial content and maintain functional integrity [179]. Importantly, mitochondrial biogenesis does not occur in isolation but is tightly coupled with other quality control processes, including mitochondrial dynamics, mitophagy, and the mtUPR, together forming a highly dynamic homeostatic network.

During the early phase of cellular stress or under conditions of mild mitochondrial damage, and when $\Delta\Psi_m$ declines or protein import efficiency is compromised, cells typically initiate Drp1-mediated mitochondrial fission to segregate damaged regions from relatively healthy mitochondrial networks [139,180]. This process provides the structural and spatial basis for subsequent quality surveillance. If fission and the subsequent functional remodeling are sufficient to alleviate stress, cells preferentially activate mitochondrial fusion, allowing mixing of mitochon-

drial contents to dilute damage and promote functional recovery, thereby avoiding unnecessary mitochondrial elimination [179,181].

When mitochondrial damage persists or exceeds the cellular repair threshold, dysfunctional mitochondria generated by fission are selectively recognized and removed via PINK1/Parkin-dependent or independent mitophagy pathways [179,182]. It is worth noting that mitophagy is not a terminal event. Rather, its activation often feeds back to stimulate mitochondrial biogenesis in order to replenish mitochondrial numbers and sustain cellular energy homeostasis. This tight coupling between clearance and regeneration is considered a core operational principle of the MQC system [183]. In this context, mitochondrial dynamics function as a critical rheostat, whereby excessive fusion suppresses mitophagy. On the other hand, moderate mitochondrial fragmentation facilitates efficient recognition and removal of damaged mitochondria, thereby directly determining mitophagy efficiency and the rhythm of mitochondrial renewal [181].

Beyond dynamics and mitophagy, the mtUPR is another essential pillar of MQC that preserves mitochondrial proteostasis. When misfolded proteins accumulate within mitochondria or protein import is impaired, the mtUPR

is activated and induces the expression of mitochondrial chaperones (e.g., Hsp60) and proteases (e.g., ClpP and LonP1) via transcription factors such as ATFS-1, CHOP, and ATF5, thereby buffering proteotoxic stress and restoring protein homeostasis [184,185,186,187,188]. Importantly, the mtUPR is not merely a repair response. Under moderate stress, it often cooperates with mitochondrial fusion to promote functional recovery. However, under severe or sustained stress, if mtUPR activation fails to adequately compensate for damage, cells progressively shift toward a fission–mitophagy–biogenesis renewal program to achieve population-level mitochondrial remodeling [179].

4.6 Mitochondrial-Derived Vesicles (MDVs) as a Frontier Mechanism for Mitochondrial Quality Control

Within the classical framework of MQC, overall mitochondrial fate is collectively determined by mitochondrial fission, fusion, mitophagy, biogenesis, and the mtUPR. However, accumulating evidence indicates that when mitochondria sustain mild to moderate damage, cells do not invariably initiate mitophagy as an immediate response, but instead employ a more refined strategy of localized clearance. Within this context, MDVs have emerged as a novel and important compensatory mechanism within the MQC system [189].

MDVs are single- or double-membrane vesicles that bud from the OMM, IMM, and portions of the mitochondrial matrix, with a typical diameter of 70–150 nm. They can be generated under both basal and stress conditions, and their formation is independent of classical Drp1-mediated mitochondrial fission [190]. MDV generation is a physiological process in cardiomyocytes, but is markedly increased under oxidative stress, accompanied by selective alterations in cargo composition [191,192,193]. This suggests that MDVs represent a highly stress-responsive mode of MQC.

Under conditions of mild oxidative stress, mitochondrial membrane proteins undergo oxidative modifications, and ROS induce localized activation of PINK1 and Parkin. This promotes the budding and formation of MDVs that selectively package oxidized or damaged mitochondrial membrane proteins [191,194]. Consistent with observations in models of Parkinson's disease, impairment of PINK1/Parkin-mediated MDV formation leads to defective clearance of oxidized proteins, ultimately resulting in mitochondrial dysfunction [191]. In addition, the vacuolar protein sorting factor Vps35 has been identified as a critical regulator of MDV biogenesis, with mutations in Vps35 significantly compromising MDV formation [190].

Functionally, MDVs maintain mitochondrial functional integrity by selectively removing damaged mitochondrial components—including oxidized proteins, subunits of the respiratory chain complexes, and portions of mtDNA—without disrupting the overall mitochondrial structure [195,196,197,198]. This mechanism effectively

prevents excessive reliance on mitophagy and the consequent wholesale degradation of mitochondria, and is therefore regarded as a “fine-tuning mode” of MQC. Beyond local quality control, MDVs also participate in inter-organelle communication, such as promoting peroxisome biogenesis, modulating immune responses, and conferring protection under pathological conditions, including hypoxia and myocardial ischemia [199].

Notably, mtDNA leakage has been recognized as a critical nexus linking mitochondrial dysfunction to innate immune activation [200]. As a prototypical DAMP, mtDNA activates multiple pattern recognition receptors, particularly the cyclic guanosine monophosphate-adenosine monophosphate synthase—stimulator of interferon genes—interferon regulatory factor 3 (cGAS–STING–IRF3) signaling axis, thereby initiating or amplifying inflammatory responses [199]. In this context, MDVs have been proposed as a key mechanism for maintaining immune homeostasis by limiting ectopic mtDNA exposure and preventing sustained immune activation triggered by mitochondrial rupture. Compared with mitophagy, MDV-mediated quality control represents a more moderate and precise mechanism that preserves mitochondrial function while restraining excessive amplification of inflammatory signaling [200].

However, the role of MDVs is not universally protective. Under certain pathological conditions, dysregulated MDV function or aberrant vesicle release may facilitate the intercellular transfer of mtDNA, thereby amplifying inflammatory signaling and accelerating disease progression. For example, in the setting of inflammasome activation, increased MDV secretion is considered an adaptive protective response, whereas prolonged or uncontrolled activation may exert unintended pro-inflammatory effects [200].

In summary, as a frontier component of the MQC system, MDVs fine-tune the selective removal of mitochondrial contents and play a critical role in preventing mtDNA leakage and suppressing aberrant activation of the cGAS–STING pathway. Dysregulation of MDV-mediated quality control may represent an important mechanism underlying the initiation and progression of inflammation-associated cardiovascular diseases, including sepsis-induced cardiomyopathy. This provides a theoretical basis for therapeutic strategies targeting the mitochondrial–immune axis.

5. Involvement of Mitochondrial Quality Control in Septic Cardiomyopathy

5.1 Mitophagy and Septic Cardiomyopathy

In sepsis, the recovery of organ function depends on the clearance of damaged mitochondria and the synthesis of new, functional ones [201]. These two processes, mitophagy and mitochondrial biogenesis, are essential for preserving mitochondrial homeostasis and sustaining cellular energy metabolism [202]. As a key quality control mecha-

nism, mitophagy selectively targets and eliminates dysfunctional mitochondria, thereby preventing the release of pro-apoptotic or pro-inflammatory factors that could exacerbate cellular injury. This process entails the engulfment of impaired mitochondria by autophagosomes, followed by their fusion with lysosomes, where the mitochondrial contents are degraded.

Multiple signaling pathways that regulate mitophagy have now been elucidated. The classical PINK1/Parkin (PARK2)-dependent pathway promotes ubiquitination of mitochondrial surface proteins. These are recognized by the autophagy adaptor p62, which subsequently interacts with LC3 to mediate mitophagic degradation. In addition, ubiquitin-independent mechanisms also exist, where autophagy-related proteins such as ATG8 directly bind to mitochondrial receptors like NIX, initiating mitophagic clearance [202,203].

Mitophagy not only aids in the early elimination of potentially hazardous mitochondria, but may also provide an alternative cytoprotective pathway when apoptotic mechanisms are limited. Studies have shown that septic conditions lead to significantly elevated levels of autophagy and mitophagy in multiple organs [204,205], including the heart. For instance, in LPS-induced endotoxemia models, the myocardial expression of key autophagy molecules (e.g., ATG3, ATG5, ATG7, LC3-II, and p62) is markedly upregulated, suggesting enhanced autophagic activity in cardiomyocytes [206,207]. Some studies have reported reduced numbers of mitochondria in cardiomyocytes following LPS treatment, implying accelerated degradation through mitophagy. However, others have reported no significant change in the total mitochondrial mass [208,209], indicating heterogeneity in this process across different models. A pivotal study by Piquereau et al. [210] highlighted the critical role of Parkin in mitochondrial functional recovery. These authors found that LPS exposure caused a dramatic decline in cardiac output and stroke volume in both wild-type and Parkin-deficient mice, but only wild-type mice fully recovered these parameters after 48 hours. Notably, the recovery of OXPHOS complex activity, mitochondrial oxygen consumption, and reduced mPTP sensitivity was observed only in wild-type mice, indicating that Parkin-dependent mitophagy is vital for the restoration of cardiac function. Interestingly, even in Parkin-deficient mice, mitophagy-related proteins such as Sequestosome 1 (SQSTM1), LC3-II, and BNIP3L/NIX were still recruited to mitochondria, suggesting the presence of compensatory mechanisms to facilitate mitochondrial clearance. Transmission electron microscopy (TEM) confirmed the presence of autophagosome-like structures [210]. These findings suggest that mitophagy activation during endotoxemia may serve a compensatory role by promoting the clearance of damaged mitochondria and preparing the ground for subsequent mitochondrial biogenesis. Some evidence indicates that mitophagy may promote mitochondrial regen-

eration through TLR9-dependent signaling pathways, although the underlying mechanism remains unclear [205]. It is also important to note that in certain contexts, autophagy may synergize with apoptosis, and the two processes share complex signaling interactions [211]. Taken together, the available evidence suggests that, in the context of sepsis, mitophagy predominantly represents an adaptive and cytoprotective response rather than a purely deleterious process. By its timely removal of dysfunctional mitochondria, mitophagy limits the release of mitochondria-derived pro-apoptotic and pro-inflammatory signals, thereby creating a favorable intracellular environment for subsequent mitochondrial biogenesis and functional recovery. Notably, studies using Parkin-deficient models have shown that impairment of mitophagy does not prevent the initial decline in cardiac function induced by sepsis, but markedly compromises myocardial recovery following injury. These findings indicate that mitophagy plays a critical role during the recovery phase of cardiac dysfunction, rather than during the acute injury phase.

However, the biological effects of mitophagy are highly context-dependent. In the absence of sufficient compensatory mitochondrial biogenesis, excessive or sustained mitochondrial clearance may lead to mitochondrial depletion and energetic failure, a phenomenon that is particularly pronounced in cardiomyocytes, which rely heavily on OXPHOS for ATP production. Moreover, extensive and complex crosstalk exists between autophagic and apoptotic signaling pathways, such that under specific pathological conditions, mitophagy may shift from a protective response to a pro-injury mechanism.

In sepsis-induced cardiomyopathy, mitophagy should therefore be regarded as a double-edged sword within the MQC system, since its beneficial effects are critically dependent on precise temporal regulation and coordinated balance with mitochondrial biogenesis. As such, the precise role of autophagy in sepsis—whether it be cytoprotective or part of programmed cell death—remains to be fully determined. Hence, further research is urgently needed to elucidate the exact role of mitophagy in SCM and to define its relationship with mitochondrial biogenesis [212].

5.2 Mitochondrial Biogenesis and Septic Cardiomyopathy

Mitochondrial biogenesis is the process by which mitochondria expand in both quantity and size through growth and division. This process relies on the coordinated regulation of multiple cellular mechanisms, including the synthesis and import of nuclear-encoded proteins, replication of mtDNA, translation of mitochondria-encoded proteins, and dynamic regulation of mitochondrial fusion and fission [148]. It is typically triggered by various cellular stress signals, such as elevated NO levels, enhanced oxidative stress, and increased AMP/ATP ratios, which induce the expression of peroxisome proliferator-activated receptor gamma coactivator family members, particularly PGC-

1 α and PGC-1 β [203,213]. PGC-1 α acts as a coactivator that upregulates key transcription factors, such as ERR α / γ , NRF1, NRF2, and TFAM, thereby promoting the expression of both nuclear- and mitochondria-encoded subunits involved in OXPHOS. PGC-1 α also regulates mtDNA transcription, replication, and various components of the protein import machinery [214]. Furthermore, by activating ERR α and PPAR α , PGC-1 α / β also enhances the expression of enzymes involved in fatty acid oxidation in the myocardium, helping to maintain the heart's primary energy supply pathway.

Research indicates that enhanced mitochondrial biogenesis is associated with improved survival in sepsis models, whereas the inhibition of mitochondrial biogenesis is frequently linked to worsening pathological outcomes [215,216]. This indicates that following the removal of damaged mitochondria in tissues, functional recovery is achieved through the activation of compensatory mitochondrial biogenesis. Vanasco et al. [206] reported that within 24 hours of LPS administration, the levels of PGC-1 α and TFAM increased in myocardial tissue, accompanied by restored mtDNA content and increased mitochondrial number. However, despite the upregulation of biogenesis, ultrastructural analysis revealed significant mitochondrial damage, such as swelling, loss of cristae, matrix clearance, and intramitochondrial vacuole formation. Moreover, respiratory chain complexes I and II remained functionally impaired, suggesting that activation of mitochondrial biogenesis does not equate to functional recovery. Other studies have also observed upregulation of PGC-1 α , NRF1, NRF2, TFAM, and mitochondrial DNA polymerase, alongside structural mitochondrial damage (e.g., swelling and cristae disruption) [209]. In neonatal cardiomyocytes, LPS stimulation increased TFAM expression, NRF1 nuclear translocation, and PGC-1 α levels, but simultaneously led to mitochondrial dysfunction (e.g., decreased membrane potential and ATP content) and elevated autophagy markers [217]. Therefore, although mitochondrial biogenesis signaling is activated during endotoxemia, it remains unclear whether this is sufficient to reverse mitochondrial dysfunction. Russell et al. [218] further reported that although cardiomyocyte-specific overexpression of PGC-1 α markedly enhanced mitochondrial biogenesis, it eventually resulted in the development of heart failure. This may be due to excessive activation disrupting the balance between gene expression and mitochondrial dynamics, leading to structural and functional mismatches and impaired mitochondrial functionality.

On the other hand, Schilling et al. [219] found that just 6 hours after LPS treatment, mRNA levels of PGC-1 α and PGC-1 β were significantly downregulated, accompanied by decreased expression of PPAR α , ERR α , and NRF1, impaired cardiac function, reduced myocardial fatty acid oxidation, and increased lipid accumulation. During this period, mtDNA copy number and the mRNA levels of sev-

eral key enzymes decreased, with reduced levels of respiratory chain complex I and IV proteins [209]. These results suggest that different experimental models and time points may show opposing trends in the signaling for mitochondrial biogenesis, and hence its adaptive value remains to be fully clarified. Notably, overexpression of PGC-1 β can partially counteract the LPS-induced downregulation of PPAR α , ERR α , and fatty acid oxidation enzymes. In PGC-1 β transgenic mice, LPS treatment improved myocardial fatty acid oxidation and resulted in only mild cardiac dysfunction [219]. These findings further support the tight link between mitochondrial energy deficiency and cardiac dysfunction, and suggest that activation of mitochondrial biogenesis may confer protective effects under specific conditions. In a study on PPAR α function, Drosatos et al. [212] found that LPS treatment downregulated the expression of PGC-1 α / β , PPAR α , and their metabolic targets. While evidence for the beneficial effects of PPAR α agonists on cardiac function remains inconclusive, the PPAR γ agonist rosiglitazone increased PGC-1 and TFAM expression and improved cardiac performance. In α MHC-PPAR γ transgenic mice, LPS treatment resulted in better cardiac function and improved lipid metabolic status. However, whether the protective effects of PPAR γ agonists during endotoxemia are directly mediated through mitochondrial biogenesis remains to be determined.

5.3 Mitochondrial Dynamics and Septic Cardiomyopathy

In recent years, increasing evidence has revealed that SCM is a critical component of sepsis-associated multiple organ dysfunction syndrome (MODS) [220], with mitochondrial dysfunction and dysregulated dynamics identified as central pathological mechanisms. Mitochondrial dynamics, particularly Drp1-mediated pathological fission (fragmentation), play a pivotal role in the onset and progression of SCM. Under physiological conditions, mitochondria maintain energy metabolism and quality control through a dynamic balance between fusion and fission. Fusion is regulated by OPA1, MFN1, and MFN2, while fission is coordinated by Drp1 and its OMM adaptors such as FIS1 and Mff [221].

Studies in SCM models have shown that LPS-induced inflammatory stimuli significantly enhance Drp1 activation (phosphorylation at serine 616 [Ser616]) and its interaction with FIS1, leading to excessive mitochondrial fission, loss of membrane potential, decreased ATP production, and increased ROS generation. This cascade causes marked mitochondrial morphological abnormalities in cardiomyocytes, ultimately contributing to cell death and cardiac dysfunction (Fig. 7). Using both cell and mouse models of LPS-induced SCM, Haileselassie et al. [222] identified the Drp1/FIS1 axis as a key mechanism mediating pathological fission, mitochondrial dysfunction, and cardiac suppression. Selective inhibition of Drp1/FIS1 by the peptide P110 demonstrated cardioprotective effects both *in*

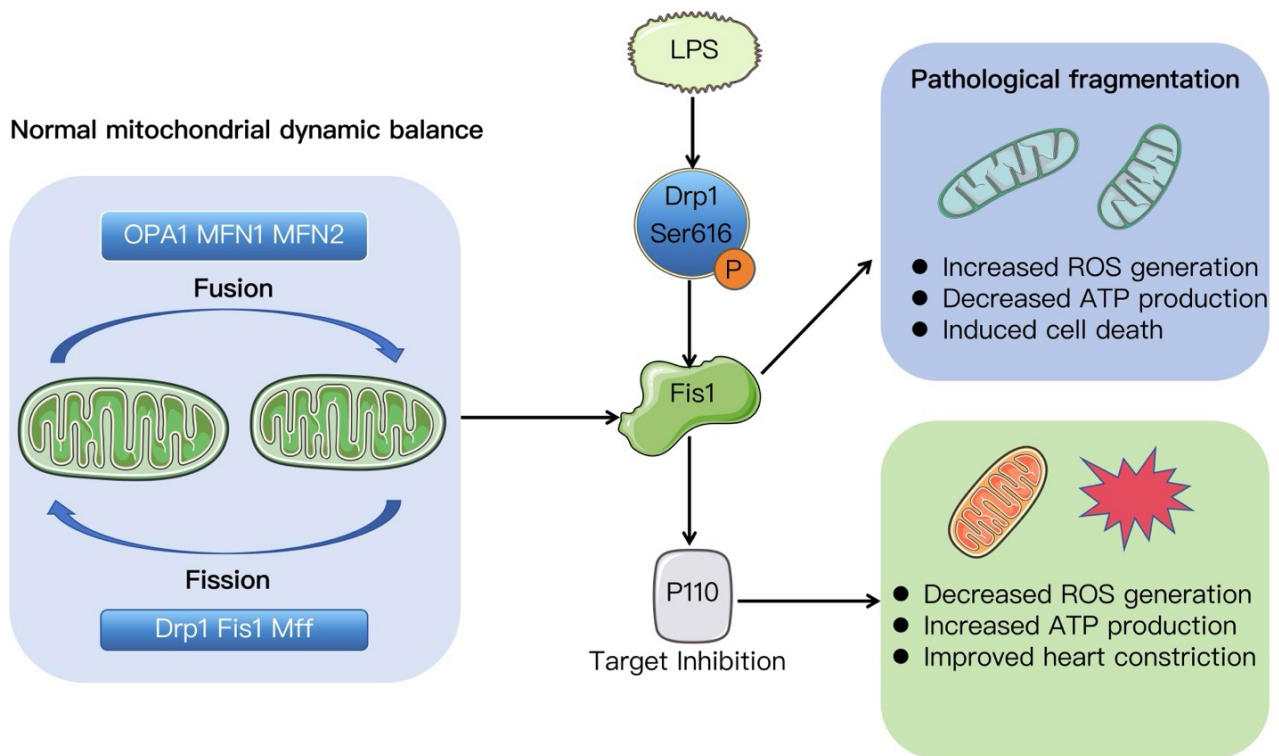


Fig. 7. Dysregulation of mitochondrial dynamics and therapeutic targeting of pathological fission. OPA1, optic atrophy protein 1; MFN1, mitofusin 1; MFN2, mitofusin 2; LPS, lipopolysaccharide; Ser616, serine 616.

vitro and *in vivo*, significantly improving $\Delta\Psi_m$, ROS levels, myocardial contractility, and overall survival in animal models. These findings are consistent with previous reports in ischemia/reperfusion (I/R) injury and heart failure (HF) models [223,224]. I/R injury has been shown to trigger Drp1 activation, which in turn enhances mitochondrial fission through FIS1, leading to cardiomyocyte death [200,225]. Inhibitors such as mdivi-1 [225] and P110 [224] can reduce fission and prevent myocardial cell death, highlighting their therapeutic potential. Notably, the overexpression of FIS1 has been associated with enhanced mitochondrial fission and increased cell death [223], whereas FUNDC1 deficiency, despite promoting a fusion phenotype, paradoxically resulted in mitochondrial dysfunction and heart failure in certain models [226]. These observations suggest that maintaining a proper balance between fission and fusion is vital for cardiac health.

The expression profiles of pro-fusion and pro-fission proteins show considerable heterogeneity among various types of HF. For example, Ahuja et al. [227] reported a decrease in OPA1 in ischemic cardiomyopathy, while Chen et al. [228] observed an increase in MFN2. However, these trends were inconsistent in dilated cardiomyopathy. Multiple animal HF models commonly exhibit increased Drp1 and FIS1, reduced OPA1 and MFN1, elevated mitochondrial fission, increased ROS generation, and reduced ATP production [229,230,231]. These findings resemble

the mechanisms observed in SCM, further supporting the shared pathogenic role of Drp1-mediated fission across different cardiomyopathies. Importantly, while Drp1 serves as the key executor of pathological mitochondrial fission, it also plays an indispensable role in baseline fission and MQC. Inhibition of the interaction between Drp1 and other adaptors, such as Mff (e.g., using P259) can aggravate mitochondrial dysfunction [171]. Therapeutic strategies for SCM should therefore focus on selective inhibition of pathological Drp1/FIS1-mediated fission, while preserving physiological Drp1 functions.

In summary, Drp1/FIS1-mediated excessive mitochondrial fission represents a central mechanism of mitochondrial dysfunction and cardiac failure in SCM. Targeted intervention in this pathway—particularly with specific inhibitors like P110—offers a promising therapeutic avenue not only for SCM but also for broader forms of cardiomyopathy. These findings highlight the critical importance of maintaining mitochondrial dynamic equilibrium for safeguarding cardiac health [178].

This schematic illustrates the balance between mitochondrial fusion and fission under physiological and pathological conditions. Under normal conditions, mitochondrial dynamic homeostasis is maintained through coordinated fusion mediated by OPA1, MFN1, and MFN2, together with controlled fission regulated by Drp1, Fis1, and Mff.

Upon stimulation with LPS, Drp1 is phosphorylated at Ser616, promoting its recruitment to the mitochondrial outer membrane through Fis1 and triggering excessive mitochondrial fission. This pathological fragmentation results in increased generation of ROS, reduced ATP production, induction of cell death, and impaired myocardial contractile function.

Targeted inhibition of the Drp1–Fis1 interaction by the selective peptide inhibitor P110 attenuates excessive mitochondrial fission, restores mitochondrial morphology and function, reduces ROS production, enhances ATP generation, and improves myocardial contractility.

5.4 Novel Regulatory Factors in Septic Cardiomyopathy

5.4.1 Mitochondrial Ribosomal Proteins (MRPs) as Upstream Regulators of Mitochondrial Proteostasis

Recent studies have demonstrated that MRPs are not merely structural components of the mitochondrial translational machinery, but also serve as critical upstream regulators of mitochondrial protein quality control and homeostasis. MRPs play essential roles in transcription–translation coupling, mitochondrial ribosome biogenesis, and the maintenance of mitochondrial function [232]. As an integral regulatory layer within the MQC network, dysfunction of MRPs can impair the efficiency and fidelity of mitochondrial protein translation and assembly, triggering mitochondrial stress responses and indirectly amplifying inflammatory signaling.

Among the multiple differentially expressed MRPs identified in models of sepsis-induced myocardial injury, Han et al. [233] reported that MRPS16 and MRPL47 exhibited the most pronounced downregulation. Their biological functions were therefore investigated in further detail. Knockdown of MRPS16 or MRPL47 markedly exacerbated mitochondrial damage and cardiomyocyte dysfunction under septic conditions, as evidenced by further impairment of mitochondrial biogenesis (persistent reductions in COI and PGC-1 α expression), decreased ATP production, elevated ROS levels, loss of $\Delta\Psi_m$, and aggravated disturbances in Ca²⁺ homeostasis.

Concomitantly, suppression of MRPS16 and MRPL47 significantly increased the expression of key components of the non-canonical pyroptotic pathway, including IL-1 β , caspase-4, and gasdermin D (GSDMD), thereby promoting cardiomyocyte pyroptosis and exacerbating myocardial injury [234,235,236]. From a mechanistic perspective, these findings suggest that MRP-mediated defects in mitochondrial protein translation not only compromise cellular energy metabolism but also induce mitochondrial functional imbalance, which in turn synergistically amplifies inflammatory responses and programmed cell death signaling.

In contrast, overexpression of MRPS16 or MRPL47 partially restored mitochondrial protein translation and quality control capacity, improved mitochondrial biogenesis and energy metabolism, and significantly attenuated

cardiomyocyte pyroptosis and inflammatory responses. These observations are fully consistent with previous reports demonstrating the roles of MRPL12 and MRPL10 in the regulation of mitochondrial translation and respiratory function [237]. Together, they further establish MRPs as indispensable determinants of mitochondrial functional integrity and myocardial homeostasis.

5.4.2 Post-Translational Modification of Mitochondrial Proteins: The Role of MacroD1-Mediated MARYlation

Beyond mitochondrial biogenesis, dynamics, and translational defects, increasing evidence indicates that post-translational modifications (PTMs) of mitochondrial proteins play an important regulatory role in mitochondrial dysfunction associated with SCM. Among these, mono-ADP-ribosylation (MARYlation), a reversible post-translational modification, has emerged as a key molecular mechanism linking mitochondrial metabolic status to inflammatory signaling [238,239,240]. Macrodomain protein 1 (MacroD1) is a macrodomain-containing protein that is highly expressed in cardiomyocytes. It is localized to mitochondria, where it dynamically regulates mitochondrial protein MARYlation and plays a critical role in maintaining mitochondrial respiratory function and metabolic homeostasis [241].

Studies have shown that MacroD1 expression is markedly upregulated in the cardiomyocytes of LPS-induced models of sepsis, and is closely associated with the development of SCM [242]. Mechanistic investigations further revealed that MacroD1-mediated MARYlation predominantly targets proteins associated with mitochondrial respiratory chain complex I, thereby modulating their conformational stability and electron transfer efficiency [242,243]. Under septic conditions, mitochondrial Nicotinamide Adenine Dinucleotide (NAD⁺)/ADP-ribose metabolic homeostasis is severely disrupted, despite increased MacroD1 expression, resulting in aberrant MARYlation of complex I proteins. This in turn leads to impaired Reduced Nicotinamide Adenine Dinucleotide (NADH) oxidation, reduced ATP synthesis, and loss of $\Delta\Psi_m$ [242,243,244].

These metabolic disturbances are frequently accompanied by excessive mitochondrial ROS generation, which serves as a critical trigger for the sustained activation of inflammation-related signaling pathways [244]. Accumulating *in vivo* and *in vitro* evidence further demonstrates that MacroD1 not only regulates mitochondrial metabolic function, but also participates in the functional coupling between mitochondrial dysfunction and inflammatory cell death programs. In models of sepsis, complex I dysfunction and excessive ROS production promote activation of the NLRP3 inflammasome, leading to caspase-1 activation, GSDMD cleavage, and release of IL-1 β , thereby driving cardiomyocyte pyroptosis [245,246,247].

Table 1. Regulatory targets of mitochondrial quality control (MQC).

Regulatory mechanism	Key targets	Actions and regulatory mechanisms
Mitophagy	PINK1/Parkin pathway	PINK1: Upon loss of mitochondrial membrane potential, Parkin accumulates on the outer mitochondrial membrane and is activated by phosphorylation at the Ser65 site of ubiquitin and Parkin itself. Activated Parkin, an E3 ubiquitin ligase, ubiquitinates outer membrane proteins such as Mfn2, Tom20, and voltage-dependent anion channel 1 (VDAC1), recruiting adaptor proteins including nuclear dot protein 52 (NDP52) and optineurin, ultimately leading to autophagosome formation
	BNIP3/NIX	Under stress conditions, dimerization occurs with anchoring to the outer mitochondrial membrane, and phosphorylation at Ser17/Ser24 enhances binding to light chain 3 (LC3)
	FUNDC1	A hypoxia-sensitive receptor whose N-terminal LC3-interacting region (LIR) motif phosphorylation at Ser16 activates autophagy, while phosphorylation at Ser13 and Tyr18 inhibits autophagy
	BCL2L13	Contains an LIR motif, binds to the Unc-51-like kinase complex, and phosphorylation enhances autophagic activity
Mitochondrial Dynamics	Fission: Drp1/FIS1/Mff	Drp1: A cytosolic GTPase, whose phosphorylation at Ser616 promotes binding to receptors such as FIS1, Mff, and MiD49/51, mediating mitochondrial fission; FIS1 and Mff are outer mitochondrial membrane receptors, whose phosphorylation enhances their association with Drp1
	Fusion: Mfn1/Mfn2/OPA1	Mfn1/Mfn2: Outer membrane GTPase mediates outer membrane fusion through dimerization via heptad repeat 1 (HR1)/HR2 domains. OPA1, an inner membrane GTPase, maintains cristae structure in its long form (L-OPA1). The short form (S-OPA1), generated by cleavage through OMA1/YME1L, regulates the balance between mitochondrial fusion and fission
Mitochondrial Biogenesis	PGC-1 α/β	A transcriptional coactivator that activates NRF1/2 and ERR α , promoting the expression of nuclear-encoded mitochondrial genes such as OXPHOS subunits and TFAM
	NRF1/2	A nuclear transcription factor that regulates the gene expression of respiratory chain complexes and mitochondrial DNA transcription factors (TFAM, TFB1M/TFB2M)
	TFAM	A mitochondrial transcription factor that directly regulates mtDNA replication and transcription
	ERR α	A nuclear receptor that cooperates with PGC-1 α to induce mitochondrial gene expression
Mitochondrial Unfolded Protein Response (UPR ^{mt})	CHOP/ATF4	A transcription factor activated via the c-Jun/AP-1 pathway that regulates the expression of chaperone proteins (e.g., Hsp60) and proteases (e.g., LonP1)
	YME1L/OMA1	YME1L: An ATP-dependent protease that cleaves and activates the mitochondrial unfolded protein response (UPR ^{mt}), maintaining balance through mutual degradation with OMA1. OMA1 is a zinc-dependent protease that cleaves OPA1 to regulate inner mitochondrial membrane fusion
	LonP1/ClpP	A mitochondrial matrix protease that eliminates misfolded or abnormal proteins and maintains respiratory chain function
	Hsp60/Hsp10	A chaperone protein that assists in mitochondrial protein folding
Redox Signaling Crosstalk in Inflammation	NOX2	NADPH oxidase mediates the crosstalk between mitochondrial ROS and inflammatory signaling, leading to the activation of the NLRP3 inflammasome
	HMGB1	A redox hub that induces mitochondrial Ca ²⁺ leakage and oxidative stress via the TLR4 signaling pathway
	NLRP3 Inflammasome	Activated by mitochondrial ROS (mtROS), it promotes the release of pro-inflammatory cytokines such as IL-1 β and exacerbates mitochondrial dysfunction
Mitochondrial protein translation and assembly	MRPS16/MRPL47	Core proteins of the small and large subunits of the mitochondrial ribosome that maintain the efficiency and fidelity of translation of mtDNA-encoded proteins (e.g., COI). Downregulation of MRPS16 or MRPL47 leads to insufficient synthesis of oxidative phosphorylation (OXPHOS) subunits and impaired respiratory chain assembly.

COI, cytochrome c oxidase subunit I.

Notably, cardiomyocyte-specific deletion of MacroD1 significantly attenuates activation of the complex I–

ROS–NLRP3 signaling axis, reduces inflammatory cell death, and enhances myocardial tolerance to septic stress

Table 2. Targeted drugs for mitochondrial quality control.

Regulatory mechanism	Targeted drug	Therapeutic target	Functions and mechanisms
Mitochondrial Dynamics	P110 Peptide	Drp1/FIS1 interaction	Selective inhibition of the interaction between Drp1 and FIS1 reduces excessive mitochondrial fission, improves mitochondrial membrane potential and function, and in septic cardiomyopathy models, enhances animal survival and alleviates myocardial contractile dysfunction.
	mdivi-1	Drp1	Inhibition of Drp1 GTPase activity blocks mitochondrial fission and protects cardiomyocytes from ischemia/reperfusion injury.
	MitoTEMPO	Mitochondrial ROS	Mitochondria-targeted antioxidants scavenge mitochondrial superoxide radicals, correct TNF- α elevation induced by mitochondrial superoxide/hydrogen peroxide, and restore energy metabolism abnormalities.
Mitochondrial Biogenesis	Rosiglitazone	PPAR γ	Activation of PPAR γ enhances the expression of PGC-1 α and TFAM, improves mitochondrial biogenesis and cardiac function, and maintains myocardial lipid metabolism and function.
Redox Signaling Crosstalk in Inflammation	HMGB1 Inhibitor	HMGB1/TLR4 pathway	Blocking the interaction between HMGB1 and TLR4 reduces intracellular reactive oxygen species generation and ameliorates Ca ²⁺ -mediated myocardial contractile dysfunction.
	NLRP3 Inflammasome Inhibitor	NLRP3	Inhibition of NLRP3 inflammasome activation attenuates the release of pro-inflammatory cytokines such as IL-1 β and mitigates mitochondrial dysfunction.
Mitochondrial Unfolded Protein Response (UP-Rmt)	ONC201 (Imipridone)	ClpP	Excessive activation of the mitochondrial matrix protease ClpP suppresses oxidative phosphorylation and induces apoptosis in tumor cells; however, it may compromise mitochondrial function in normal cells.

[242,245]. These findings suggest that in the context of sepsis, MacroD1 does not merely function as a protective compensatory factor, but also serves as a critical regulatory node that promotes pathological coupling between mitochondrial metabolic dysregulation and inflammatory cell death pathways.

MacroD1-mediated MARYlation fine-tunes the function of mitochondrial complex I, thereby influencing mitochondrial redox homeostasis and amplifying inflammatory signaling. Aberrant activation of this pathway may exacerbate mitochondrial dysfunction and myocardial injury in SCM, highlighting mitochondrial MARYlation dynamics and their downstream signaling axes as promising therapeutic targets for the treatment of sepsis-induced cardiomyopathy [242,245,246,247].

6. Conclusions

In summary, the pathophysiological progression of SCM is closely associated with an imbalance of MQC mechanisms. Inflammatory injury activates pro-inflammatory cytokines such as TNF- α and IL-6 via the NF- κ B pathway. Alongside NOX2-mediated oxidative stress and HMGB1 release, this impairs the PINK1/Parkin-dependent mitophagy pathway, resulting in defective clearance of damaged mitochondria. Concurrently, excessive fission driven by Drp1/FIS1 and fusion disruption regulated by OPA1/MFNs exacerbate mitochondrial morpho-

logical abnormalities and dysfunction. Meanwhile, PGC-1 α /NRF1/TFAM-mediated mitochondrial biogenesis is insufficient to fully restore energy metabolism. The protease imbalance between YME1L and OMA1 in the UPRmt pathway disrupts mitochondrial proteostasis, forming a pathological cycle of “damage–dysregulation–deterioration”.

Importantly, emerging evidence extends the MQC framework beyond these classical pathways by identifying MRPs and mitochondrial protein PTMs as novel regulatory layers in SCM. Mitochondrial protein translation and respiratory chain integrity are compromised by the dysregulation of MRPs, including MRPS16, MRPL47, and MRPL12, thereby amplifying mitochondrial stress, inflammatory signaling, and cardiomyocyte pyroptosis. In parallel, aberrant MacroD1-mediated MARYlation of mitochondrial proteins—particularly complex I components—links mitochondrial metabolic imbalance to excessive ROS generation, inflammasome activation, and inflammatory cell death. Together, these findings position MRPs and MacroD1 as promising upstream therapeutic targets for preserving mitochondrial function and myocardial homeostasis in SCM.

Future research is likely to include three major directions. (1) Mechanistic exploration. Further investigations should characterize the dynamic regulation of key MQC molecules within the septic microenvironment, such as Drp1 phosphorylation sites, OPA1 proteolytic process-

ing, MRP-dependent translational fidelity, and mitochondrial MARYlation dynamics. Particular attention should be paid to redox-inflammatory crosstalk, including the interplay between mtROS, NLRP3 inflammasome activation, and mitochondrial PTM-mediated signaling within the broader MQC network. (2) Therapeutic strategies. Beyond conventional modulators of mitochondrial dynamics and biogenesis, future efforts should focus on the development of drugs targeting specific mitochondrial PTMs, such as selective regulators of MacroD1 activity or mitochondrial ADP-ribosylation, as well as interventions aimed at restoring MRP function and mitochondrial translation. These approaches may be combined with established agents—including the selective Drp1/FIS1 inhibitor P110 peptide, PGC-1 α activators, and HMGB1/TLR4 pathway antagonists—to achieve synergistic mitochondrial protection and anti-inflammatory effects. Tables 1,2 summarize the key MQC-related molecular targets and corresponding therapeutic strategies discussed in this review. (3) Clinical application. Greater emphasis should be placed on the temporal evolution of MQC dysregulation in late-stage SCM, particularly in post-COVID-19 patients. Monitoring biomarkers of mitophagy (e.g., LC3-II/LC3-I ratio), mitochondrial biogenesis (e.g., TFAM expression), and emerging indicators of mitochondrial translation and PTM status may facilitate patient stratification and precision therapy. Moreover, mitochondria-targeted nano-delivery systems represent a frontier strategy to enhance drug specificity, improve mitochondrial bioavailability, and minimize off-target toxicity.

Targeting the dynamic and multilayered balance of MQC, including mitochondrial dynamics, mitophagy, biogenesis, translational control by MRPs, and PTM-mediated metabolic signaling, therefore holds great promise as a novel and integrative therapeutic strategy for the prevention and treatment of SCM.

Author Contributions

Conceptualization: XP, XC, ZL, RL; Literature search and data curation: XC, ZY, ZL, RL; Writing—original draft preparation: XP; Writing—review and editing: XP; Supervision: ZL, RL (corresponding author). All authors read and approved the final manuscript. All authors contributed to editorial changes in the manuscript. All authors have participated sufficiently in the work and agreed to be accountable for all aspects of the work.

Ethics Approval and Consent to Participate

Not applicable.

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Conflicts of Interest

The authors declare no conflicts of interest.

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