

Principles and Practice of Psychiatric Rehabilitation: An Empirical Approach

Patrick W Corrigan, Kim T Mueser, Gary R Bond, Robert E Drake, Phyllis Solomon
Guilford Press 2009
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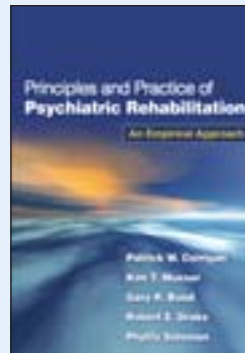
This impressive volume, written by five leaders in the field of psychiatric rehabilitation in the US, offers a remarkable amount of good evidence, historical overview, personal accounts and practical advice. The layout is clear and logical, the language precise. It is enjoyable and easy to read.

The authors present a history and evidence base for psychiatric rehabilitation in four distinct parts. The first introduces the nature of severe psychiatric disability, the complex overlap of symptoms, impair-

ment, disability and co-morbidity. It then explores the real-life impact of such disabilities when compounded by stigma and discrimination and introduces the basic principles and practices used in rehabilitation.

Part two reviews the various service approaches, with personal accounts and a good evidence base supporting the narrative. Each chapter stands alone as a readable and useful summary of, for example, housing, employment or family intervention and taken as a whole provides a detailed summary of the weight of evidence, experience and future service possibilities.

Part three deals with complex co-morbidity and problems, including post-traumatic stress disorder, physical health, the



criminal justice system, and peer services and support.

Part four continues the narrative on peer support, recovery-led services and empowerment. It gives examples of successful campaigns and personal examples of overcoming stigma. Less flowing in style, it outlines policy issues and reflects on how to develop more inclusive services.

The volume squarely evaluates best rehabilitation practice, giving sufficient weight to psychiatry, social work, occupational and recreational therapy, psychology and nursing aspects of rehabilitation practice. It provides a wealth of teaching and discussion material for multidisciplinary teams.
Maire Cooney, Hackney Rehabilitation and Recovery Service, London

Essential Orthopaedics and Trauma (5th edn)

David J Dandy, Dennis J Edwards
Churchill Livingstone Elsevier 2009
Price £37.99. Pp 490
ISBN 978 0 443 06718 1

This is the fifth edition of one of the best-selling orthopaedic textbooks and is one of the core texts recommended to medical students and surgical trainees.

The book is split into three main sections, the first being a comprehensive outline of orthopaedic examination with clear explanations of the 'special tests' commonly examined in medical finals. The second section is a detailed trauma chapter which has colourful anatomical diagrams and X-rays with clear descriptions on the mechanism of the basic fractures types and their subsequent surgical management.

This new edition includes case scenarios in each section, which is one of the major improvements of the book. Classification of fractures often fills trainees with trepidation but this book explains this exceptionally well with clear diagrams. Plastering techniques and different types of splints are very often missed in other orthopaedic texts and are fundamental to any specialty trainee working in a busy orthopaedic department. The chapter on this is a must read and helps explain the benefits of good fracture fixation with plaster of Paris.

The final section concentrates on elective orthopaedics with an excellent paediatric chapter containing detailed summaries of Perthes and slipped upper femoral epiphysis as well as the much rarer congenital abnormalities.

This book should be on the shelf of all medical students and orthopaedic trainees as it guides them through all the exciting aspects of this fascinating speciality.

Thomas Kurien, Northern General Hospital, Sheffield

Oxford Specialist Handbook of Perioperative Medicine (2nd edn)

Joanna Chikwe, Axel Walther, Phillip Jones
Oxford University Press 2009
Price £34.95. Pp 433
ISBN 978 0 19953 335 0

The phrase 'where have you been all my life?' comes to mind with this book. Another of the 'specialist' series of handbooks emerges, and the authors are to be commended for their work. The book provides a comprehensive, to the point, invaluable guide to the perioperative patient.

This book is particularly useful to anaesthetists, who are often consulted about management plans for patients with both simple and complex pre-morbid conditions. The authors provide advice on the management of uncontrolled hyperten-

sion, recent myocardial infarction, the warfarinized patient, the diabetic patient, the patient with chronic obstructive pulmonary disease and the patient with electrolyte abnormalities, to name but a few.

The book begins with a fabulous section on investigations, giving the 'nitty gritty' on the tests themselves, when to worry and how to act on the results. The tables providing information on which preoperative tests are relevant to which patient were particularly good. It then proceeds into perioperative care, giving detail on dealing with the pregnant patient, theatre etiquette, the septic patient, communication and consent.

The book then covers each body system and deals with the problems the clinician may face linked to those systems, e.g. in respiratory, optimization of the chronic obstructive pulmonary disease patient. It ends with three sections: the first on procedures and how to perform them, the second on useful information (dermatomes, sample electrocardiograms, scans and X-rays) and the final on the basics of some of the surgical procedures themselves. Diagrams are clear, tables useful and the whole book more than palatable.

This is a cracking guide for surgical doctors, medics, foundation doctors and for those involved in anaesthesia and critical care. It will always be in my work bag.
Jonny Wilkinson, Northampton General Hospital, Northampton