

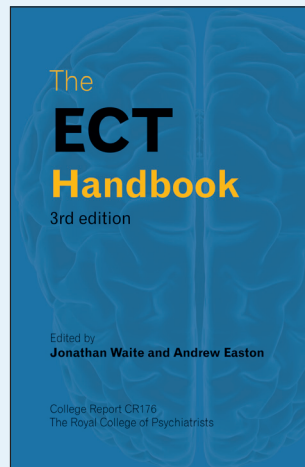
The ECT Handbook (3rd edn)

Edited by Jonathan Waite and Andrew Easton
RCPsych Publications 2013
Price £45.00. Pp 288
ISBN 978 1 908020 58 1

The 3rd edition of *the ECT Handbook* gives a comprehensive overview of the practicalities of administering electroconvulsive therapy (ECT). There are also chapters on indications for the treatment, side effects (both cognitive and non-cognitive), teaching and supervision, and inspection of ECT clinics as part of the accreditation process. Delivering the treatment from the point of view of nursing staff and anaesthetic staff is also covered, as are other brain stimulation treatments and the legal aspects of administering ECT to patients.

There have been a number of developments impacting on delivering this treatment since publication of the last handbook and these have been appropriately covered in the new edition. The main developments have been changes to the National Institute for Health and Care Excellence recommendations for treatment of depression with ECT, the development of the accreditation process of ECT services, and changes in mental health legislation impacting on consent to treatment with ECT.

Other important changes which are acknowledged in the handbook are the



introduction of ECT competencies for core training in psychiatry, the tendency towards centralization of ECT clinics in many trusts and the move towards use of bilateral electrode placement rather than unilateral placement as first line.

The handbook is generally concise, clearly written and well referenced to current research in the subject so gives an excellent overview of developments in all

areas of ECT administration. It is essential reading for all members of an ECT service and an excellent teaching resource.
Frankie Connell, East London Foundation Trust, London

Oxford Handbook of Obstetrics and Gynaecology (3rd edn)

Edited by Sally Collins, Sabaratnam Arulkumaran, Kevin Hayes, Simon Jackson, Lawrence Impey
Oxford University Press 2013
Price £34.99. Pp 848
ISBN 978 0 19 969840 0

This pocket-sized vade mecum written for all students and trainees in obstetrics and gynaecology is now in its third edition and has adopted a multi-author, young specialist team to do the work. As a result, the text is refreshingly written although there is too much detail in some places. It also requires constant reference to the 11 pages of acronyms placed at the beginning if you do not know your obstetrics and gynaecology shorthand.

For the absolute beginner, 824 pages of small font text seems daunting but each page attempts to keep the educational message simple and clear. The page content uses different fonts and shade contrast that engages and keeps the reader searching through the maze of necessary information. Diagrams and figures are kept to a minimum which is just as well given the limited room to emphasize the essentials. When you are a trainee, advice is precious when uncertainty prevails. It is empowering to read the message, 'when in doubt, ASK'.

Increasing one's knowledge depends on clinical experience allied to a sound book-

based approach. Both are essential for the trainee and this compact volume serves its purpose well. At £34.99 it is good value and provides paper-based support for all trainees learning in a demanding clinical environment.

Roy Farquharson, Liverpool Women's Hospital, Liverpool

Ultrasound of the Musculoskeletal System

S Bianchi, C Martinoli
Springer 2007
Price £213.00 (print); £170.00 (eBook).
Pp 978

ISBN 978 3 540 42267 9
By the authors' own admission, *Ultrasound of the Musculoskeletal System* took a long time to write because of the continuing advances in ultrasound. The authors are internationally renowned and their infectious enthusiasm for musculoskeletal ultrasound is reflected in the book.

It is divided into chapters based on the skeletal system. Each chapter goes through the anatomy and surface landmarks, ultrasound probe positioning and various pathologies that may be encountered. They also cover essentials of clinical examination and history, which is particularly useful for clinically correlating the imaging findings. It contains copious high quality ultrasound images and schematic images.

The book comprehensively covers the extensive and varied spectrum of musculo-

skeletal diseases but is a little thin on soft tissue tumours. There are further general chapters on skin, nerves, muscle and tendons, and bone and joints; the book covers the majority of pathologies which might be found. Chapters on interventional procedures and paediatric applications are better dealt with by books devoted to these topics.

The shoulder chapter, for instance, has many images from cadaver and operative specimens and corresponding images from other modalities to illustrate the pathology. There are also pictures of ultrasound probe positioning and schematic diagrams to enable easy learning. The chapter covers the whole gamut of pathologies encountered in the shoulder, including impingement, adhesive capsulitis, postoperative cuff and brachial plexus injury (to name but a few).

The book is geared towards all specialities interested in musculoskeletal ultrasound, including orthopaedics surgeons, sports physicians, rheumatologists and of course radiologists. It would be just as useful to a novice as an experienced practitioner.

The print book is large and not easy to lug around but it is also available as an eBook. (I reviewed the eBook.)

I found this book extremely useful with many little tips for improving my own skills. I would strongly recommend this book to anyone who is enthusiastic about musculoskeletal ultrasound.

Shah Khan, Blackburn Royal Infirmary, Blackburn