

## Viva and Structured Oral Examinations in Intensive Care Medicine

**Jeyasankar Jeyanathan, Chris Johnson, James Haslam**

**tfm Publishing 2018**

**Price £30.00. Pp 276**

**ISBN 9781910079591**

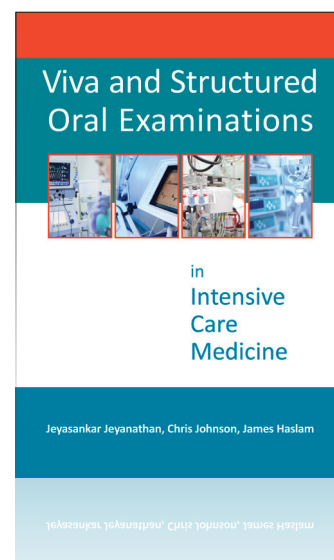
After the introduction of the Fellowship of the Faculty of Intensive Care Medicine (FFICM) exams, there was a paucity of appropriate books for trainees revising for the viva and structured oral examination components. This book, targeted at those specific elements of the FFICM and European Diploma of Intensive Care Medicine, certainly fills that void. Written by authors who have actually revised for and sat the FFICM, it brings together their many hours of study, compiling material, and question spotting into a succinct, yet very informative and digestible text.

Comprising seven sets of six viva examination cycles, the book covers a broad set of core topics that could be, and have

been, asked of candidates in a clear, concise format. Each topic has numerous questions followed by model answers based on current evidence. An eye-catching 'summary of key points' is included at the end of each topic along with references. Clearly laid-out tables present further information (e.g. the SOFA scoring systems), and there are a few useful mnemonics in the text, which for me personally always aid retention of otherwise very forgettable material.

*Viva and Structured Oral Examinations in Intensive Care Medicine* is a well-written book that one could easily read from cover to cover, or use when rehearsing for presenting essential information in a succinct and accurate manner to examiners. It delivers exactly what it sets out to provide, and is a worthwhile read for anyone involved in intensive care medicine exams.

*Ned Gilbert-Kawai, University College London Hospital, London*



## Cardiovascular Genetics and Genomics: Principles and Clinical Practice

**Edited by Dhavendra Kumar, Perry Elliott**  
**Springer 2018**

**Price £207.50. Pp 920**

**ISBN 978 3 319 66112 4**

Progressively more sophisticated technology has unravelled an elegant and vast field of 'cardiovascular genetics'. The protagonist driving this field forward is Professor Perry Elliott, who has established a feasible link between scientific academia and clinical practice in this field.

The first five chapters of this book are largely academic, but the rest provide clinicians with pertinent information on a range of inherited cardiac conditions. The chapters are largely clinically oriented, and supported with relevant case histories highlighting the key role of evidence-based clinical and genetics input. There are also dedicated sections for investigations and management plans, which are accessible, concise and can be easily assimilated. In addition, there are various examples of characteristic electrocardiogram, echocardiogram and more sophisticated imaging findings.

This book caters for a wide audience. Combining intricate and detailed scientific information, useful if studying for an MSc or PhD, with succinct clinical aspects dedicated to practicing clinicians makes this a serviceable and worthy investment, although it does require an advanced level of clinical and scientific knowledge.

This book has attempted to make precision, microscopic medicine relevant to clinical practice, and is a versatile, interesting and potentially relevant resource.  
*Joshua Michaels, Leeds General Infirmary, Leeds*

## Fractures in the Elderly: A Guide to Practical Management

**Edited by Robert J Pignolo, Mary Ann Keenan, Nader M Hebel**  
**Springer 2018**

**Price £99.00. Pp 335**

**ISBN 978 3 319 72226 9**

This is a comprehensive textbook on fractures in the elderly, covering bone physiology, preoperative optimization to rehabilitation after fractures. The book gives enough medical information to surgeons while providing sufficient orthopaedic information for geriatricians

and anaesthetists. It is also a great resource for the wider multidisciplinary team treating fractures in the elderly.

The editors are specialists in their fields and have edited this book to a high standard, backed up by eminent authors.

The book comprehensively covers fractures around the hip. The chapter on osteobiology of ageing, pathological fractures and anticoagulation is a must-read for orthopaedic trainees and a good reference for consultants. The chapter on anaesthesia and pain management gives a concise and practical approach. Geriatricians and orthopaedic surgeons will find the chapter on postoperative complications particularly useful.

The book gives adequate information for non-specialists about the common fractures affecting the upper and lower limbs in the elderly although it may not be the best to learn about specific management of fractures or dislocations. The price is at the higher end of the spectrum compared to books of a similar nature.

This is a must-have reference guide for every orthopaedic and geriatric department providing trauma care to the elderly.  
*Shyam Kumar, Royal Lancaster Infirmary, Lancaster*