

# Multidose Regimens of Long-Acting Antibiotics: New Horizons for Difficult-to-Treat Infections

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## Introduction

### Historical Note

Over the last decade, clinicians have increasingly employed two long-acting antibiotics, oritavancin (ORI) and dalbavancin (DBV), for treating infections caused by Gram-positive pathogens. Both lipoglycopeptides—derived from vancomycin and teicoplanin, respectively—exhibit pharmacological profiles extending beyond their narrow spectrum of activity against Gram-positive bacteria. They are well tolerated and share similar pharmacokinetic/pharmacodynamic (PK/PD) properties, including a long elimination half-life ( $t_{1/2}$ ), bactericidal activity via disruption of cell wall synthesis, intracellular penetration, a large apparent volume of distribution ( $V_d$ ), slow predominantly renal elimination, optimal tissue penetration and no clinically significant drug-drug interactions (Baiardi et al, 2023; Leuthner et al, 2015; Pontali et al, 2025).

Originally approved for identical indications, ORI and DBV are administered as single doses to maintain efficacy for approximately two weeks in treating acute bacterial skin and skin structure infections (ABSSSIs) caused by Gram-positive organisms in adult and pediatric patients aged  $\geq 3$  months (Baiardi et al, 2023; Leuthner et al, 2015). However, post-marketing research and clinical experience, facilitated by their unique PK/PD profiles (Table 1), have supported their expanded use for other Gram-positive infections. These distinct PK/PD characteristics initially underpinned their approved use and subsequently provided the rationale for extending their application to other clinical indications (Pontali et al, 2025).

Consequently, new opportunities for ORI and DBV use have gradually emerged. These include: (1) treating non-ABSSSI infections; (2) completing antibiotic courses initiated with other agents; (3) initiating and finishing long-term treatments; and (4) suppressive treatment regimens.

### New Therapeutical Evidences

The increasing clinical experience with multidose lipoglycopeptide regimens in off-label settings stems from their unique PK/PD characteristics, which allow subsequent administrations to be spaced weeks apart. For instance, administering a second full DBV dose (1500 mg) one week after the initial dose significantly

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Table 1. Key characteristics of long-acting antibiotics.

Characteristic	Oritavancin	Dalbavancin
Pharmacokinetics	Absorption	No oral formulation, intravenous infusion mandatory
	Distribution	Apparent volume of distribution exceeds total body water (approximately 1 L/Kg). 85–90% protein-bound
	Metabolism	No major metabolites. Weak inhibitor or inducer of cytochrome P450 isoenzymes
	Elimination	Slow mainly renal elimination as an unchanged moiety (<1% faecal over 2 weeks after dosing) ( $t_{1/2}$ 393 h)
Accumulation in macrophages	Yes	No
Pharmacodynamics	Inhibition of bacterial wall synthesis, permeabilisation of bacterial membrane	Inhibition of bacterial wall synthesis, permeabilisation of bacterial membrane
Susceptible microorganisms	Gram+, including MRSA, VRE (both Van A and B)	Gram+, including MRSA, VRE (Van B only)
Biofilm activity	Yes	Yes
Multidose off-label dosing	1200 mg + 800 mg weekly or 1200 mg + 1200 mg weekly	3000 mg over 4 weeks with flexibility (preferred 1500 mg day 0 + 1500 mg day 7), then TDM-guided with additional 1500 mg doses every few weeks
Therapeutic drug monitoring targets	Not yet defined	$C_{trough} > 8.04$ mg/L for a MIC up to 0.125 mg/L (Cojutti et al, 2021); $C_{trough} > 14.29$ mg/L for MIC up to 0.25 mg/L (Baiardi et al, 2025)

Note: The ‘Gram+’ indicates Gram-positive. Abbreviations: MIC, minimum inhibitory concentration; MRSA, methicillin-resistant *Staphylococcus aureus*; VRE, vancomycin resistant *Enterococcus*; TDM, therapeutic drug monitoring.

extends therapeutic coverage for up to 5–6 weeks. If necessary, additional full DBV doses can be administered at varying intervals, typically every 3 to 6 weeks, based on the patient's total body weight or guided by therapeutic drug monitoring (TDM) (Baiardi et al, 2025; Cattaneo et al, 2025; Senneville et al, 2023). In contrast, multidose ORI regimens have been less extensively studied. Although several reviews on repeated weekly (or longer interval) administrations of different ORI doses exist, no consensus has been reached on optimal doses and frequency (Baiardi et al, 2023; Lupia et al, 2023).

Non-ABSSSI clinical conditions amenable to treatment with repeated ORI or DBV administration include catheter-related infections, osteomyelitis, prosthetic joint infections, endocarditis (native or prosthetic valves), vascular implant infections, and infections in diabetic patients (Baiardi et al, 2023; Hidalgo-Tenorio et al, 2025; Lupia et al, 2023; Luque Paz et al, 2021; Thomas et al, 2020).

Lipoglycopeptides' ability to disrupt biofilm makes them a valuable option for infections where source control is unattainable or complicated by high surgical risk (Di Bella et al, 2025). This property is particularly relevant for infections involving catheters or prosthetic material, such as implantable cardioverter defibrillators, short- or long-term vascular catheters, vascular prostheses, prosthetic valve infections, and prosthetic joint infections (Baiardi et al, 2023; Cattaneo et al, 2024; Hidalgo-Tenorio et al, 2025; Lafon-Desmurs et al, 2024; Lupia et al, 2023; Pontali et al, 2025; Thomas et al, 2020). Early studies on resistance development, using both direct selection and serial passage, failed to produce stable mutants with decreased susceptibility to lipoglycopeptides (Goldstein et al, 2007). However, recent reports have begun to highlight concerns regarding this issue (Al Janabi et al, 2023; Werth et al, 2025).

Repeated administration addresses key challenges in managing patients requiring prolonged antibiotic treatment for Gram-positive bacterial infections. For instance, long-acting lipoglycopeptides reduce hospitalisation time by enabling treatment completion with one or two doses prior to discharge or facilitating early outpatient care (Sobrino et al, 2025). Indeed, outpatient parenteral antibiotic therapy (OPAT) with DBV or ORI is effective for a wide range of infections. Despite higher per-dose costs, DBV or ORI OPAT reduces treatment duration and yields cost savings across healthcare systems (Bai et al, 2023; Zinzi et al, 2022).

Furthermore, lipoglycopeptides reduce intravenous administration frequency, simplifying nursing management. Consequently, they may help avoid complications associated with central line placement, particularly in patients with limited venous access (e.g., persons who inject drugs, chemotherapy survivors) (Pontali et al, 2025; Sobrino et al, 2025). These features collectively improve patients' quality of life, mobility and help prevent also non-infectious or catheter-related complications (Luque Paz et al, 2021). Long-acting antibiotics also benefit "difficult-to-treat" patients facing socioeconomic barriers, such as residing distant from healthcare centers, lacking financial support/insurance, limited caregiver support, or inability to access home care services (Sobrino et al, 2025).

Suppressive or long-term lipoglycopeptide treatment can be challenging due to the limited predictability of redosing intervals. Individualising intervals using a

TDM-guided approach may optimise efficacy and safety by adjusting timing based on body weight and/or serum concentrations (Baiardi et al, 2025). TDM-guided dosing optimises lipoglycopeptide PK/PD relationships, preventing under- or over-dosing that could lead to treatment failure, increased costs, and toxicity (Baiardi et al, 2025; Cattaneo et al, 2024; Lafon-Desmurs et al, 2024; Pontali et al, 2025; Senneville et al, 2023).

Lipoglycopeptide pharmacokinetics can be affected in specific populations, such as obese individuals and vulnerable injecting drug users (IDUs), where factors like opioid use, malnutrition, hypoproteinemia, cachexia, and altered tissue distribution may contribute to unpredictable blood levels and efficacy duration (Baiardi et al, 2025). While DBV blood level assays are widely available (Cafaro et al, 2025; Chiriac et al, 2022), optimal target concentrations remain debated (Baiardi et al, 2025; Pontali et al, 2025). Consequently, empirical individualisation of redosing intervals based on total body weight may be necessary when TDM is unfeasible (Baiardi et al, 2025). In contrast, the absence of a published, validated quantitation method for ORI limits TDM-guided dose optimisation in special populations (Baiardi et al, 2023).

The excellent safety profile of both lipoglycopeptides, demonstrated in real-world studies including off-label use, further supports their expanded application (Baiardi et al, 2023; Hidalgo-Tenorio et al, 2025; Lupia et al, 2023).

Despite these advantages, significant knowledge gaps persist, particularly for long-term treatment. These include limited information on: the optimal number of administrations for a planned course, precise redosing timing and frequency, exact per-administration dosage (e.g., ORI: 800 mg vs. 1200 mg), criteria for antibiotic combination therapy, and clearly defined target concentration ranges for TDM-guided dosing to inform re-dosing decisions.

## Conclusion

Lipoglycopeptides, as the only currently available long-acting antibiotics, possess unique properties and advantages supporting their expanded use beyond original indications. Further research is essential to address the identified knowledge gaps and optimise long-term use, thereby resolving outstanding clinical questions.

## Availability of Data and Materials

Not applicable.

## Author Contributions

EP, GB, FDP and FM contributed to conceptualization, writing and critical revision of the manuscript for important intellectual content. All authors read and approved the final manuscript. All authors have participated sufficiently in the work and agreed to be accountable for all aspects of the work.

## Key Points

- Long-acting antibiotics possess unique pharmacokinetic/pharmacodynamic (PK/PD) characteristics that enable their expanded use in multidose regimens.
- Several experiences exist with lipoglycopeptide-based multidose regimens for treating difficult-to-treat infections caused by Gram-positive bacteria, including catheter-related infections, osteomyelitis, prosthetic joint infections, endocarditis, and vascular implant infections.
- Long-acting antibiotics enable innovative treatment strategies that permit early hospital discharge or may even avoid hospitalisation.
- Lipoglycopeptide-based multidose regimens administered for long-term antibiotic treatment may benefit from a TDM-guided dosing strategy to individualise infusion intervals.

## Ethics Approval and Consent to Participate

Not applicable.

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## Conflict of Interest

The authors declare no conflict of interest.

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