

## Adhesion testing of polyurethane matrix patches for transdermal delivery of testosterone

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The 180° peel test was applied to measure adhesion of three experimental polyurethane (PU) matrix patches and one commercial patch, Testopatch<sup>®</sup>, on human volunteers skin. Comparing the results with those measurements on stainless steel or leather, a significant correlation between the leather data and the skin measurements was found. In contrary to results from stainless steel tests, all of the PU patches achieved better adhesion on skin than the commercial patch.

A new technology to manufacture transdermal active patches without solvents or increased temperatures based on polyol and isocyanate reacting to polyurethane (PU) in the presence of the drug was established (Gansen et al. 2010). The technology was recently applied using testosterone (T) and two enhancers to improve skin permeation (Gansen and Dittgen 2011) at which adhesion was tested using the 180° peel test and stainless steel (St) or leather (Le) as substrates. The results differed and the question remains which of these substrates are more realistic when predicting adhesion on human skin (Sk).

Besides peel adhesion, probe tack test and shear strength measurement have been used to determine adhesive performance of patches. However, all of these tests do not reflect true material properties since they depend on a substrate, backing material and test parameters (Wokovich et al. 2006). Also, a recent evaluation of a probe tack test to measure adhesion of transdermal matrix patches came to the conclusion that the methods predictability is limited (Gutschke et al. 2010). The primary objective of this study was to apply the 180° peel test to measure adhesion of the patches on Sk. The resulting peel strength ( $F_S$ ) was compared with that of a parallel investigation of 180° peel tests on two laboratory substrates, St or Le.

The theory of peeling adhesives from reversible flexible substrates like skin was elucidated a few years ago (Steven-Fountain et al. 2002). Furthermore, the peel test was applied to investigate the removal of a range of adhesive wounds (Dykes and Heggie 2003). Peeling tests on various human subjects were performed presenting a better representation of the interactions occurring at the skin/adhesive interface than conventional substrates used for peel test i.e. steel (Renvoise et al. 2009). The method used there was adapted for this investigation.

$F_S$  was found highest on St, lower on Le and lowest on Sk (Table). The influence of enhancers on  $F_S$  followed different trends as earlier observed using St or Le as substrate only

**Table: Peel strength ( $F_S$ ) on stainless steel, leather or skin measured by 180° peel test, standard deviation (STD),  $n = 4$ ,  $n^* = 3$**

Patch:		P0	P1	P2	P3
Stainless steel	$F_S$ [mN/mm]	114.2	384.9	232.3	110.7
	STD [mN/mm]	72.02	46.24	187.13	41.18
	STD [%]	63.1	12.0	80.6	37.2
Leather	$F_S$ [mN/mm]	18.8	169.1	151.9	59.2
	STD [mN/mm]	11.83	19.2	56.22	7.32
	STD [%]	70.4	11.4	37.0	12.4
Human skin	$F_S$ [mN/mm]	3.0	31.1	20.3	10.7*
	STD [mN/mm]	1.90	5.02	1.09	6.61
	STD [%]	63.4	16.2	5.4	61.6

(Gansen and Dittgen 2011). That means the reduction of the enhancer limonene in the PU patches decreased  $F_S$ . This was also observed on Sk as one can see comparing P1 and P2. Comparing P1 and P3, the patches with the highest concentration of the second enhancer, *N,N*-diethyl-*m*-toluamide,  $F_S$  on skin was not significantly different whilst  $F_S$  on St and Le was dramatically decreased by reduction of limonene within the patch.

When comparing the  $F_S$  of P0, the reference, with  $F_S$  of the experimental PU patches P1, P2, P3, it can be seen that all of the PU patches have better adhesion on skin than P0. On St the reference P0 was found more adhesive than P3, but the adhesion of P3 on Le and Sk was found to be the highest.

The average standard deviation of the measurements was 33% for Le, 37% for Sk and 48% for St. Plotting  $F_S$  resulting from measurements on St and Le versus  $F_S$  measured on Sk, the upward trend follows the order P0, P3, P2, P1 (Fig.). The adhesion on skin did correlate significantly ( $r = 0.96 > r_{krit} = 0.9587$ ,  $\alpha = 0.01$ ) with  $F_S$  on Le while adhesion on St did not. The limited predictability of the peel test on St was found in accordance with investigations of the Wokovich group (Wokovich et al. 2009, 2006) as well our own earlier work (Fauth et al. 2002).

### Experimental

Regarding the materials, patch manufacture and design, and peel adhesion test on laboratory substrates (St, Le) see Gansen and Dittgen (2011).

To determine  $F_S$  on Sk, the method of Renvoise et al. (2009) was adapted as follows: stripes were prepared by fitting and gluing the patches on the laminate Epurex Platilon<sup>®</sup> U4200 T 025 (Epurex Films GmbH & Co.KG, Bayershofer Weg 21, Bomlitz, Germany) providing a free contact area of

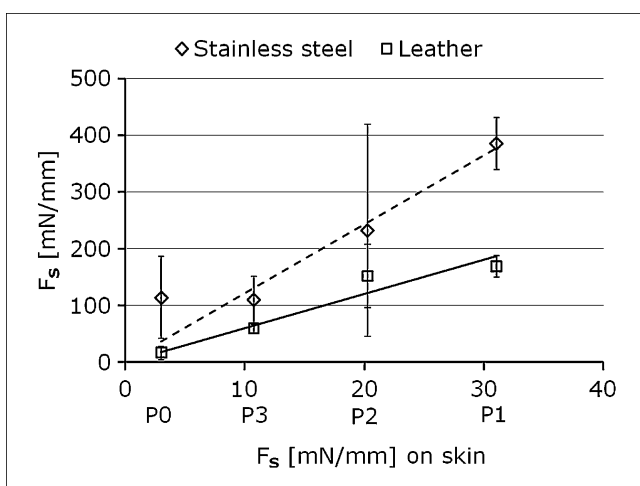


Fig.: Relationship between peel adhesion on stainless steel or leather with that on human skin, bars represent standard deviation

50 mm width/length. This was applied to the forearm of a volunteer, and left for a dwell time of 1 min. The stripe was peeled off afterwards under the conditions mentioned above. The volunteers (average age: 61 years) gave their prior consent and subsequent skin cleaning with alcohol avoided noticeable absorption of T.

For all peeling experiments, the standard rubber roller (weight 2.25 kg) was applied.

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