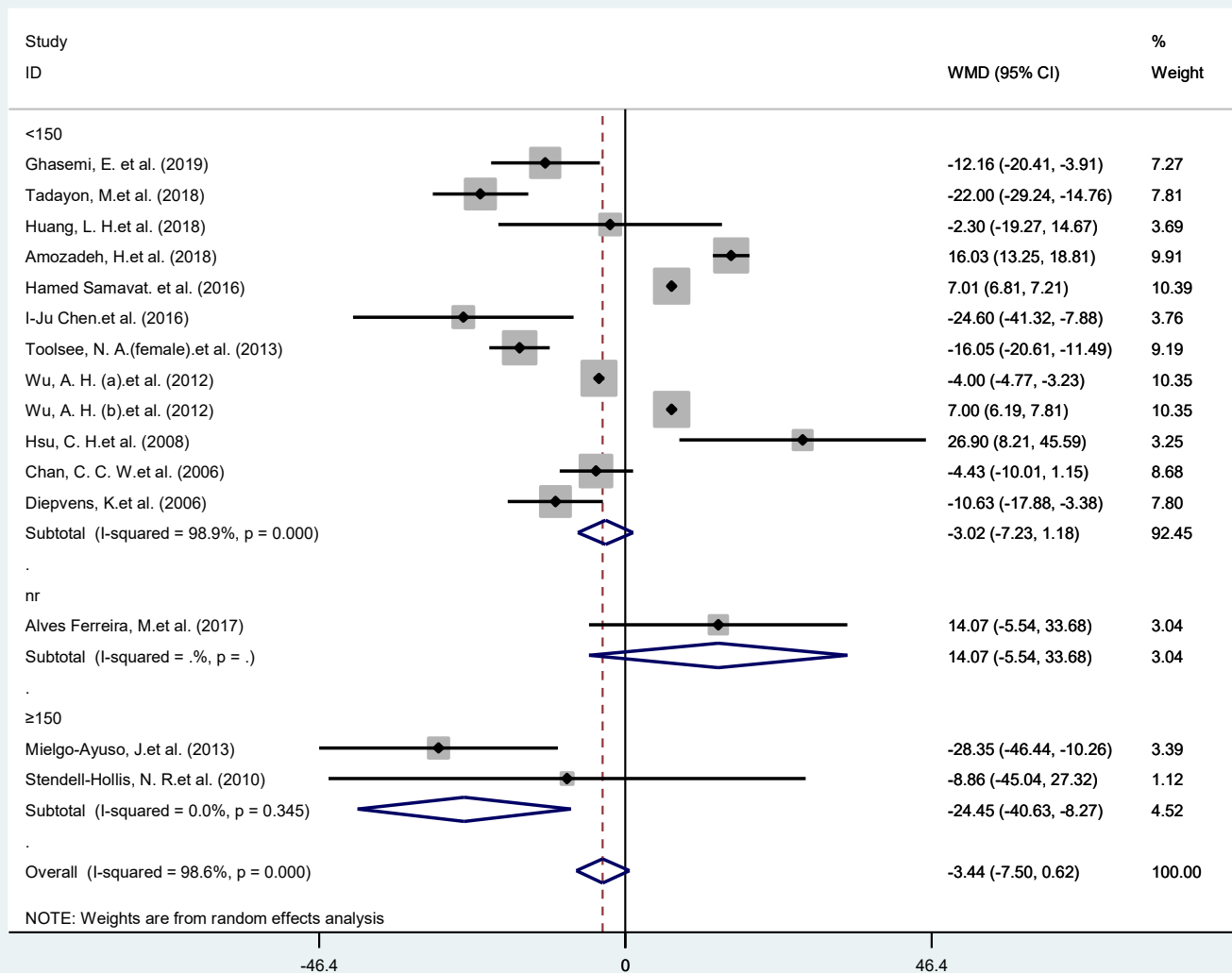


Electronic Supplementary Material 1. Subgroup analyses.

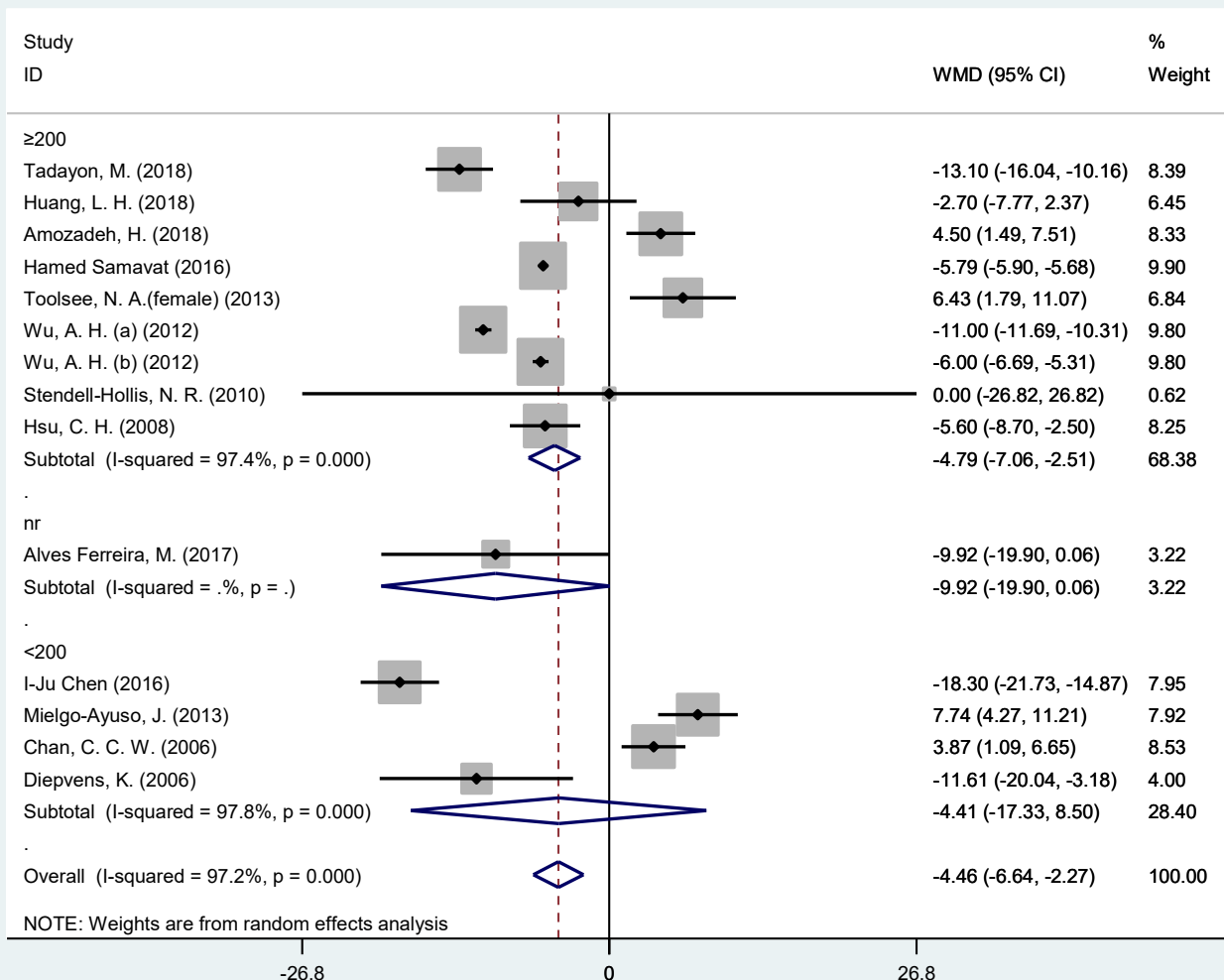
1) Baseline variables

HDL-C, high-density lipoprotein cholesterol. LDL-C, low-density lipoprotein cholesterol. TC, total cholesterol. TG, triglycerides. WMD, weighted mean difference. CI, confidence interval.

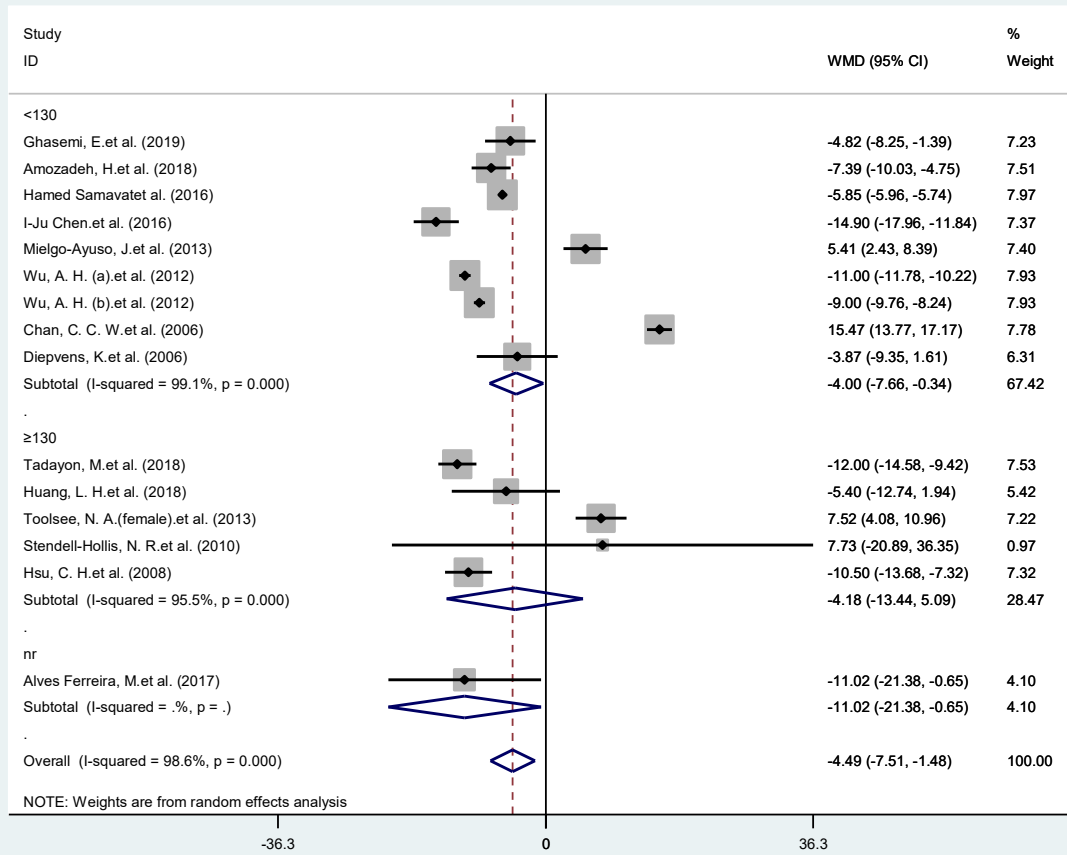
TG



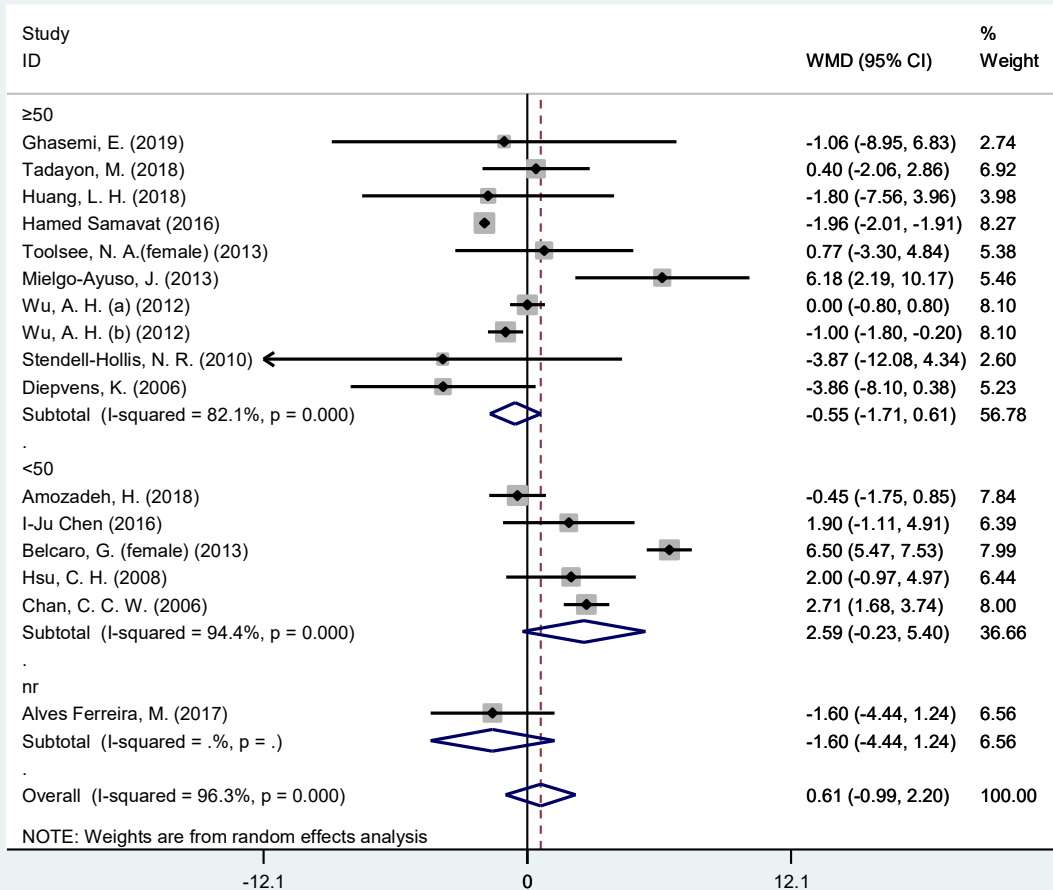
TC



LDL-C



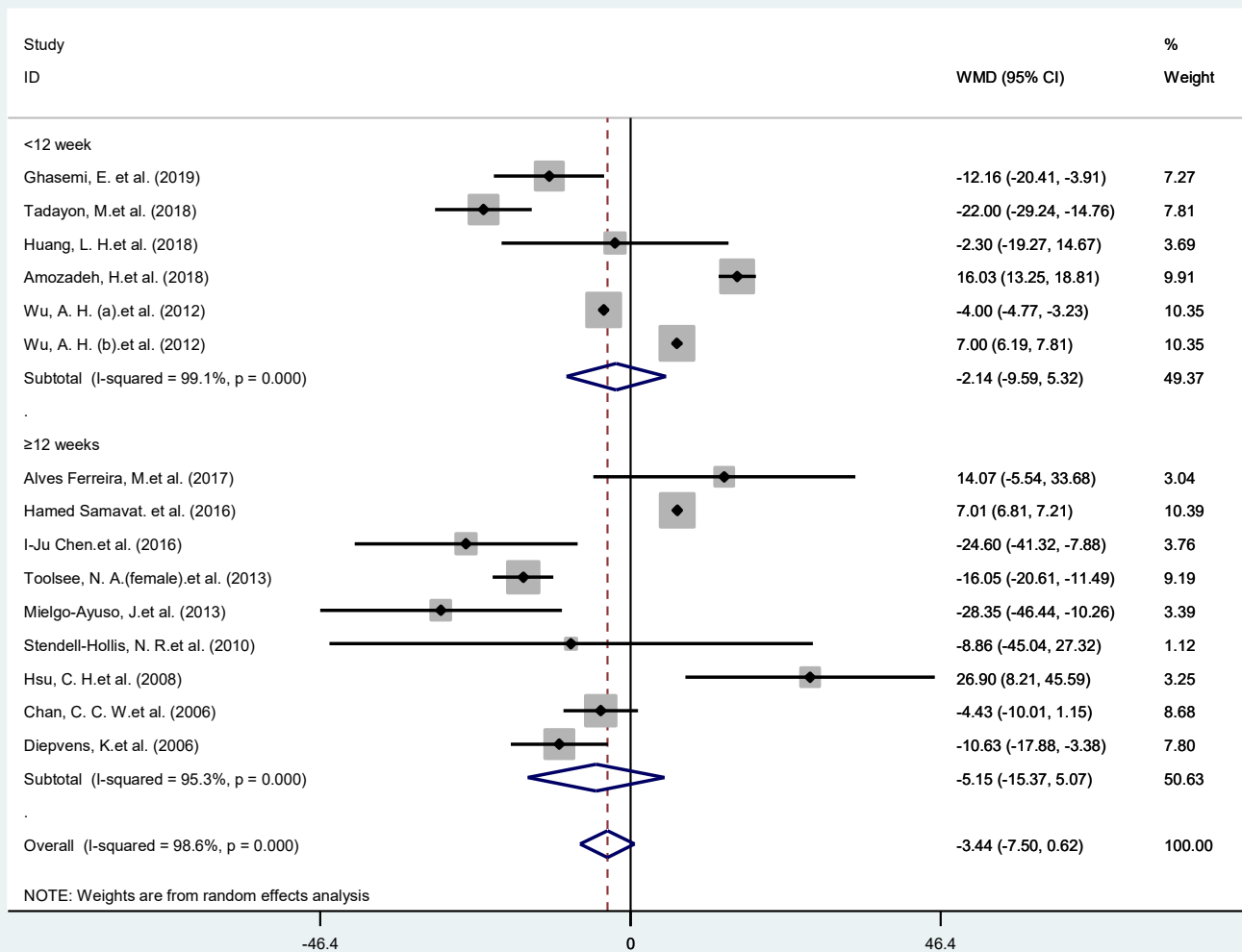
HDL-C



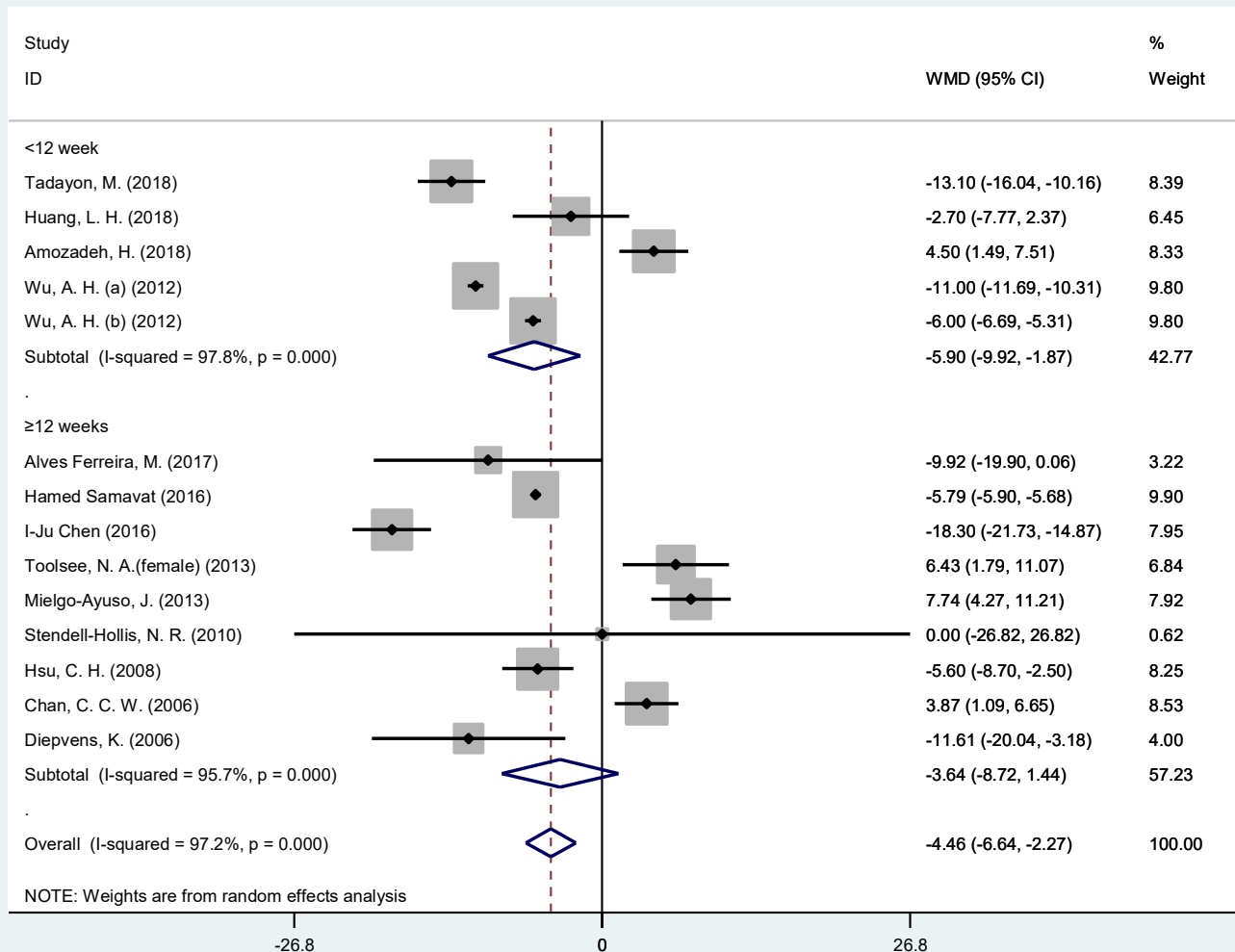
2) Length of intervention

HDL-C, high-density lipoprotein cholesterol. LDL-C, low-density lipoprotein cholesterol. TC, total cholesterol. TG, triglycerides. WMD, weighted mean difference. CI, confidence interval.

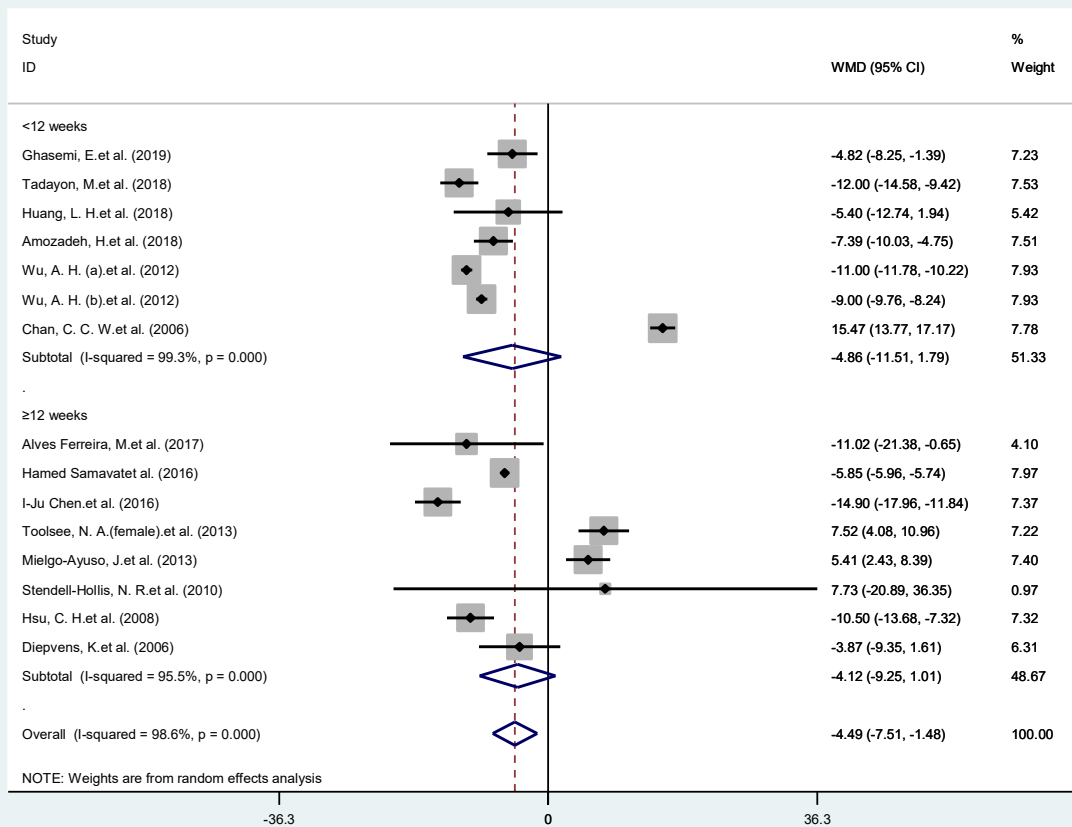
TG



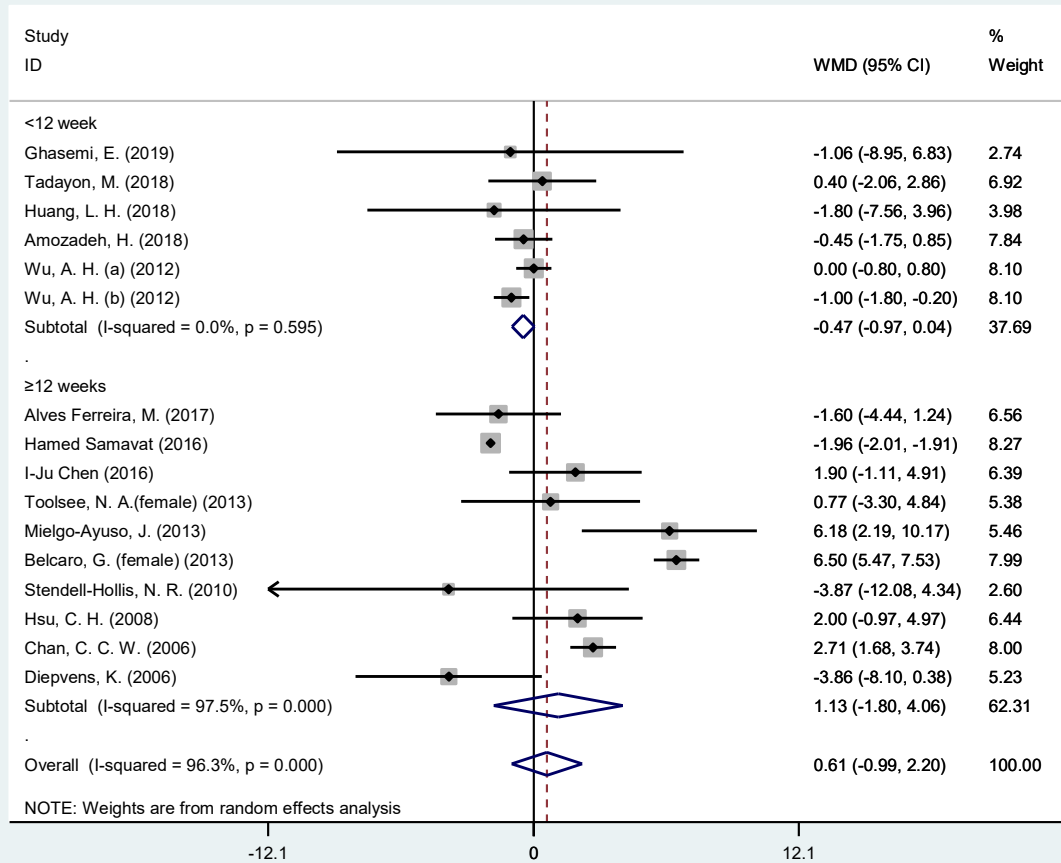
TC



LDL-C



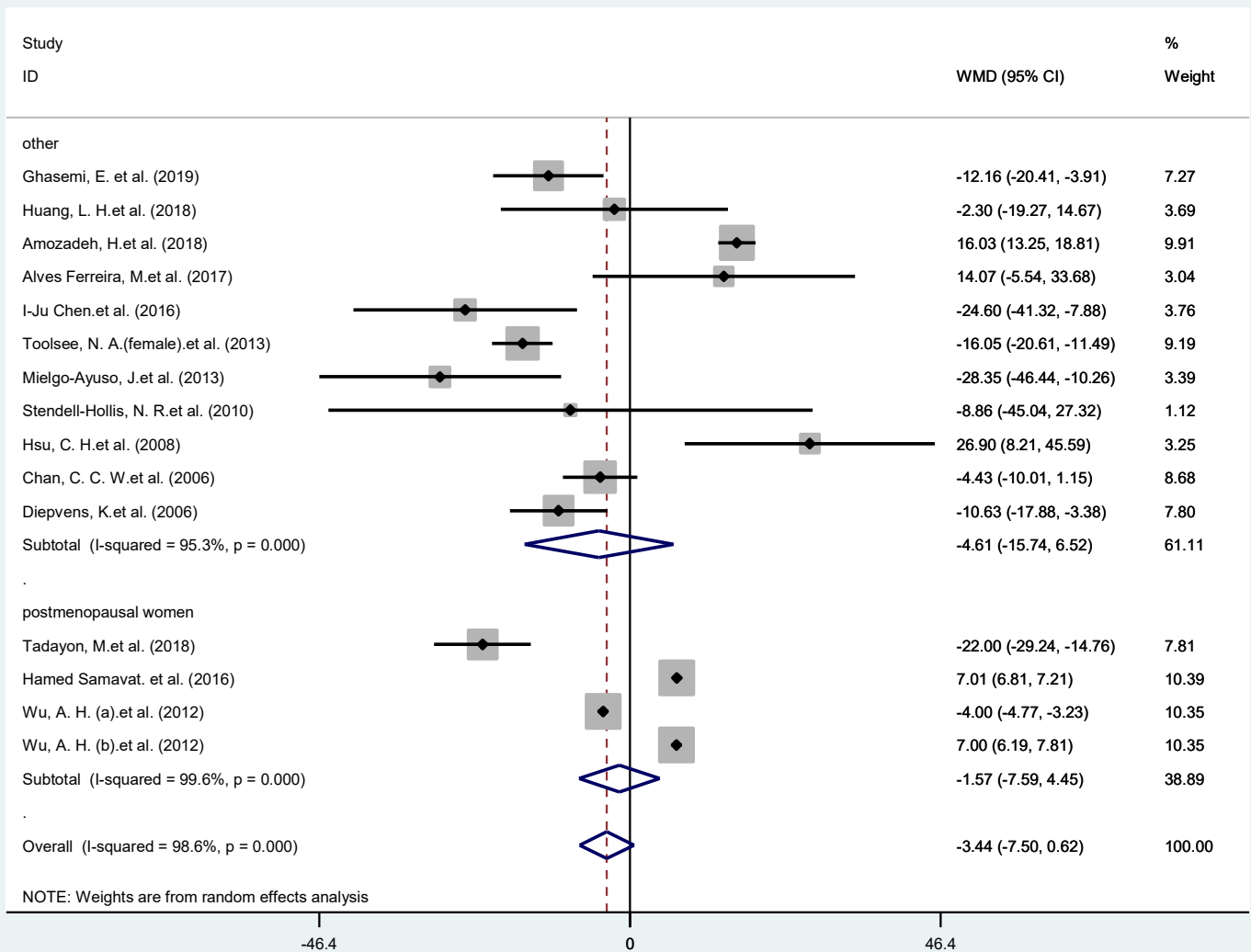
HDL-C



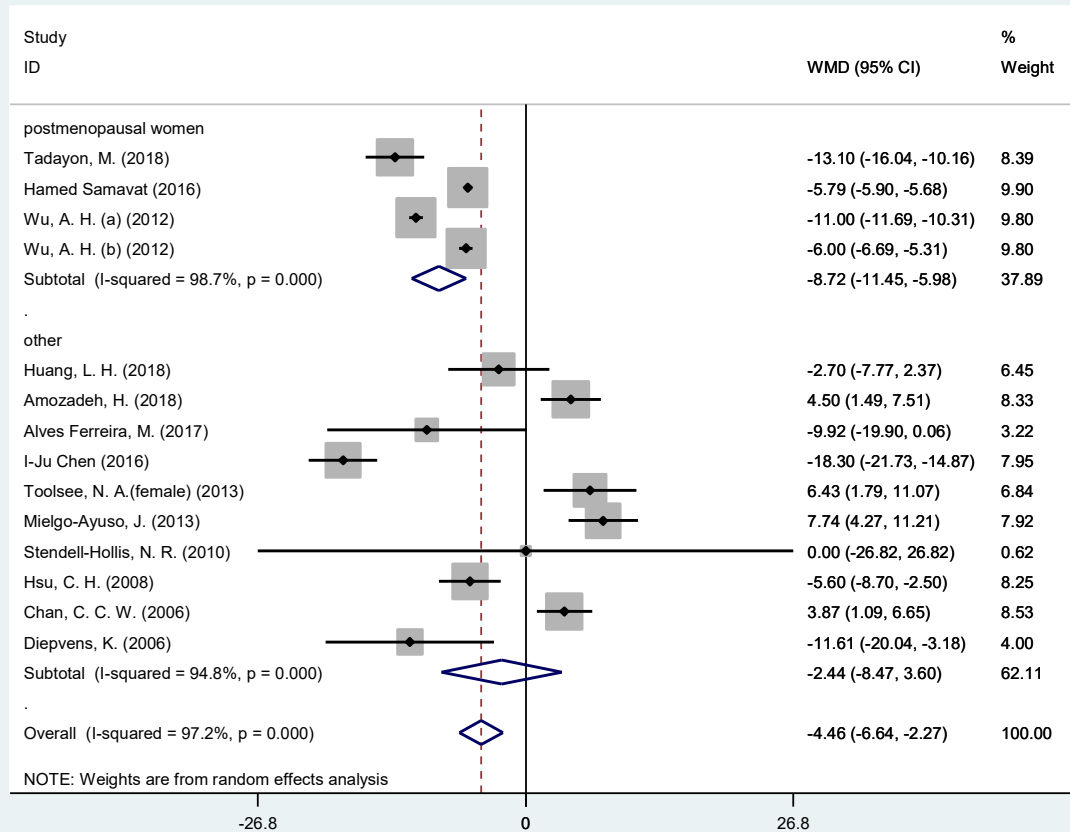
3) Health status

HDL-C, high-density lipoprotein cholesterol. LDL-C, low-density lipoprotein cholesterol. TC, total cholesterol. TG, triglycerides. WMD, weighted mean difference. CI, confidence interval.

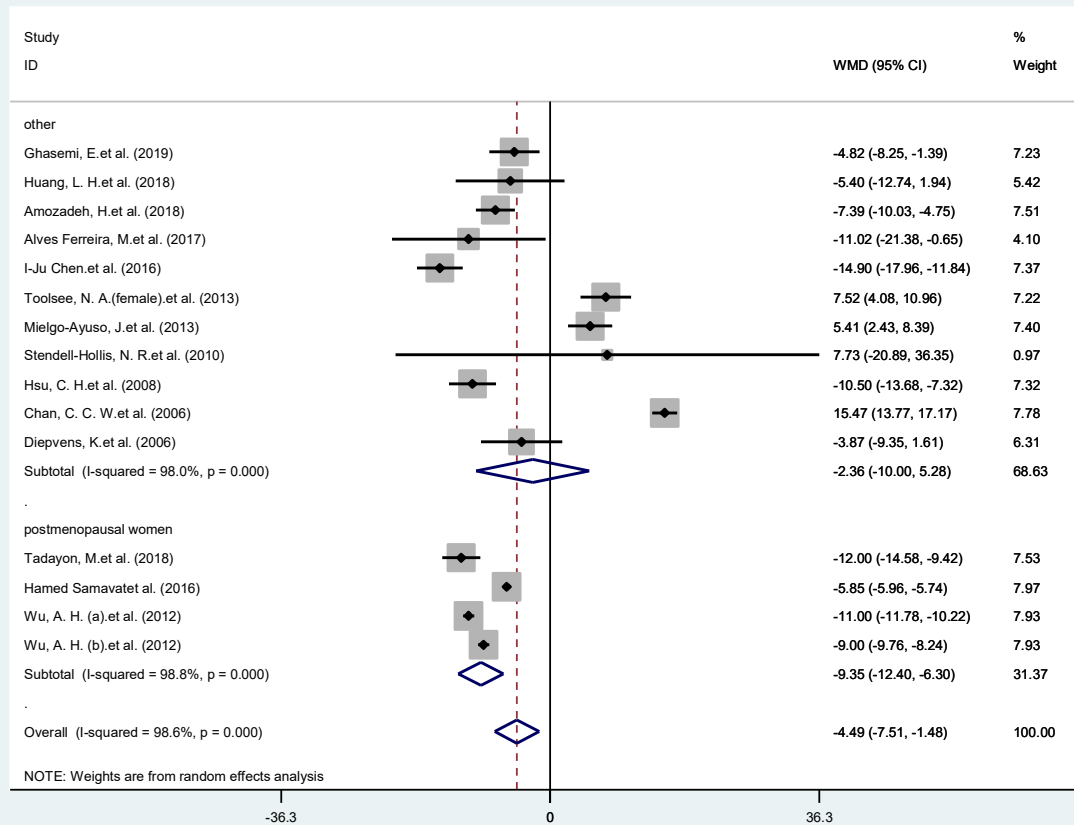
TG



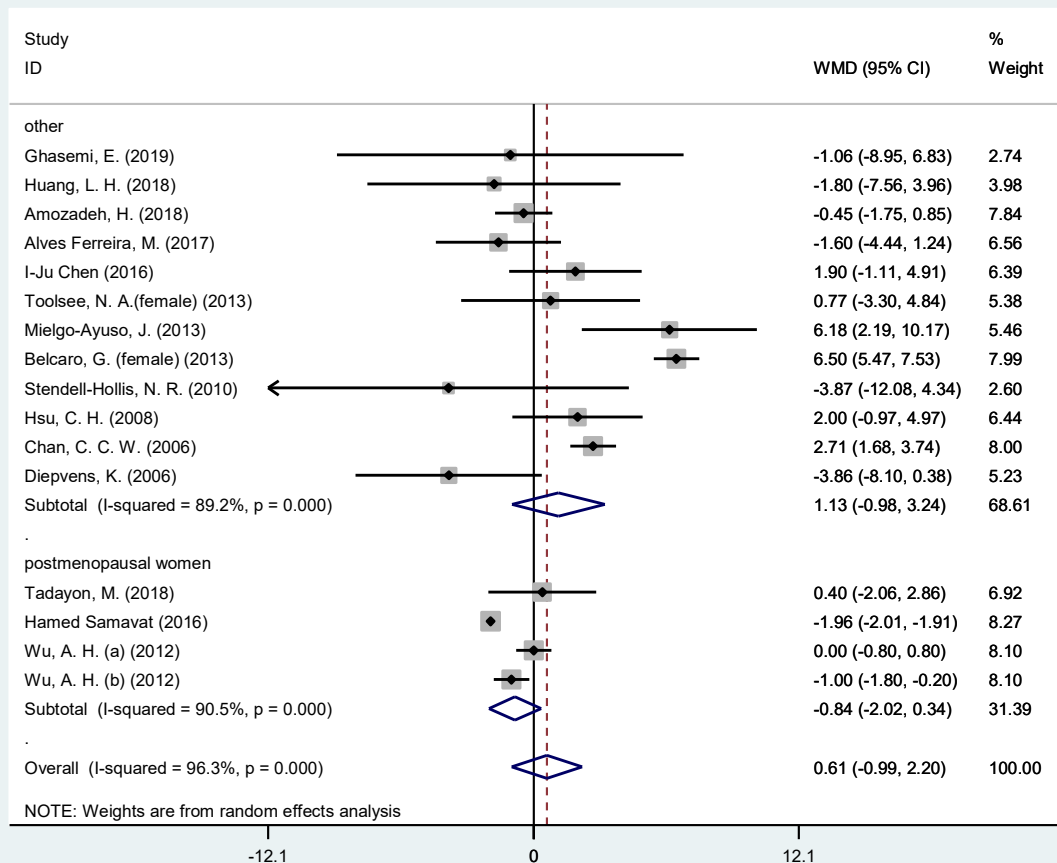
TC



LDL-C

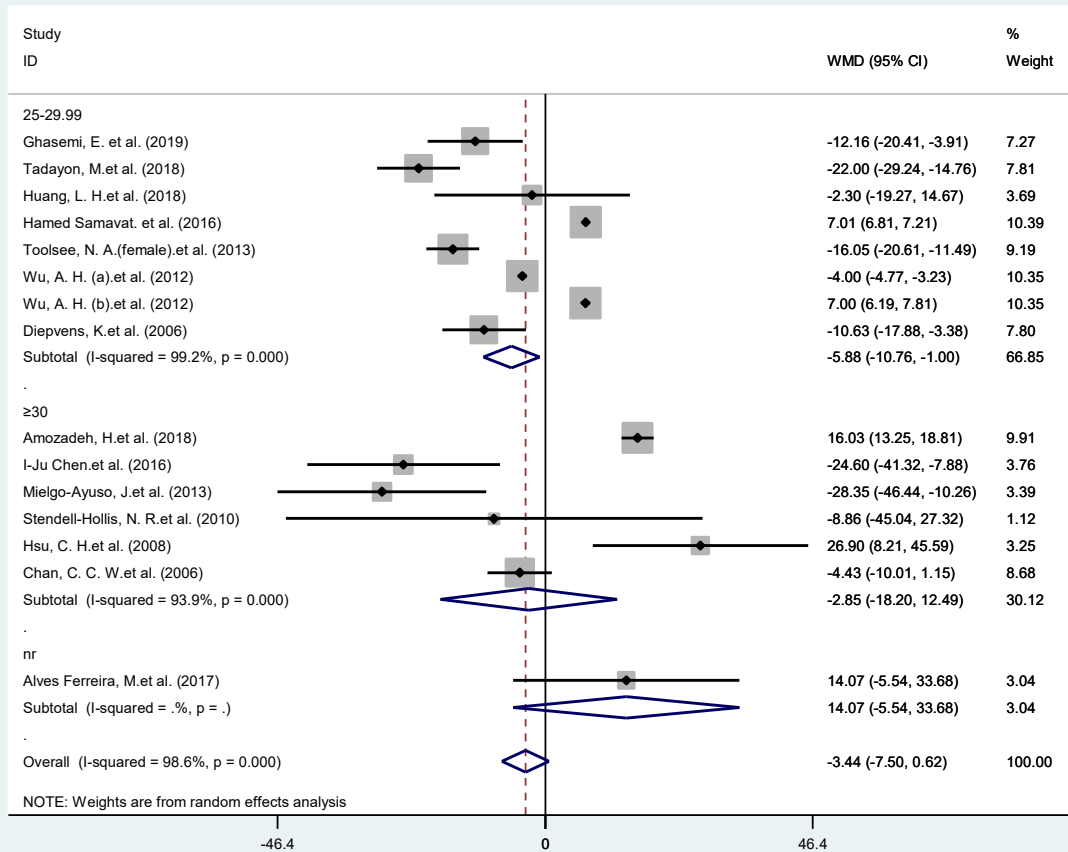


HDL-C

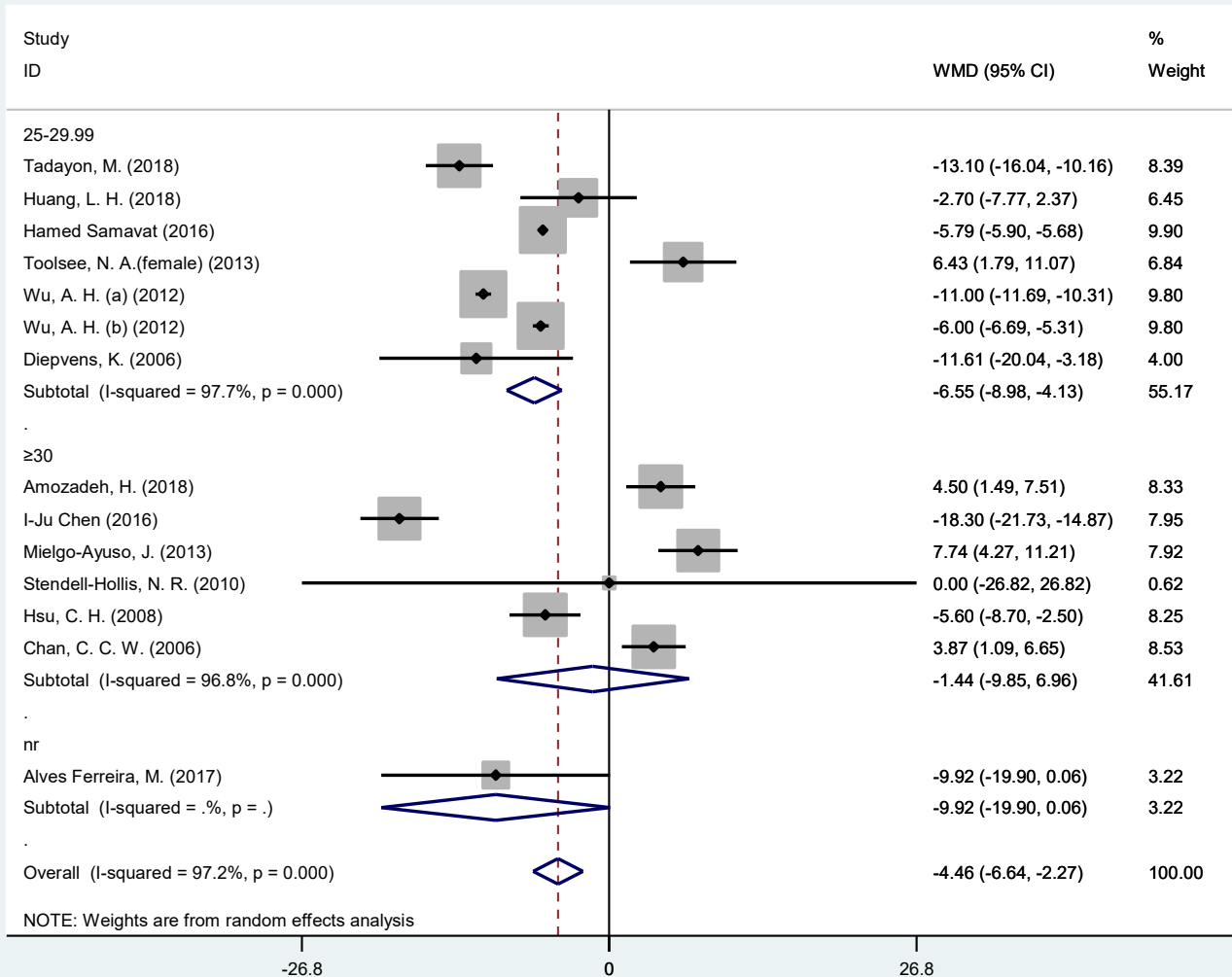


D) Baseline BMI (kg/m²). BMI, body mass index.

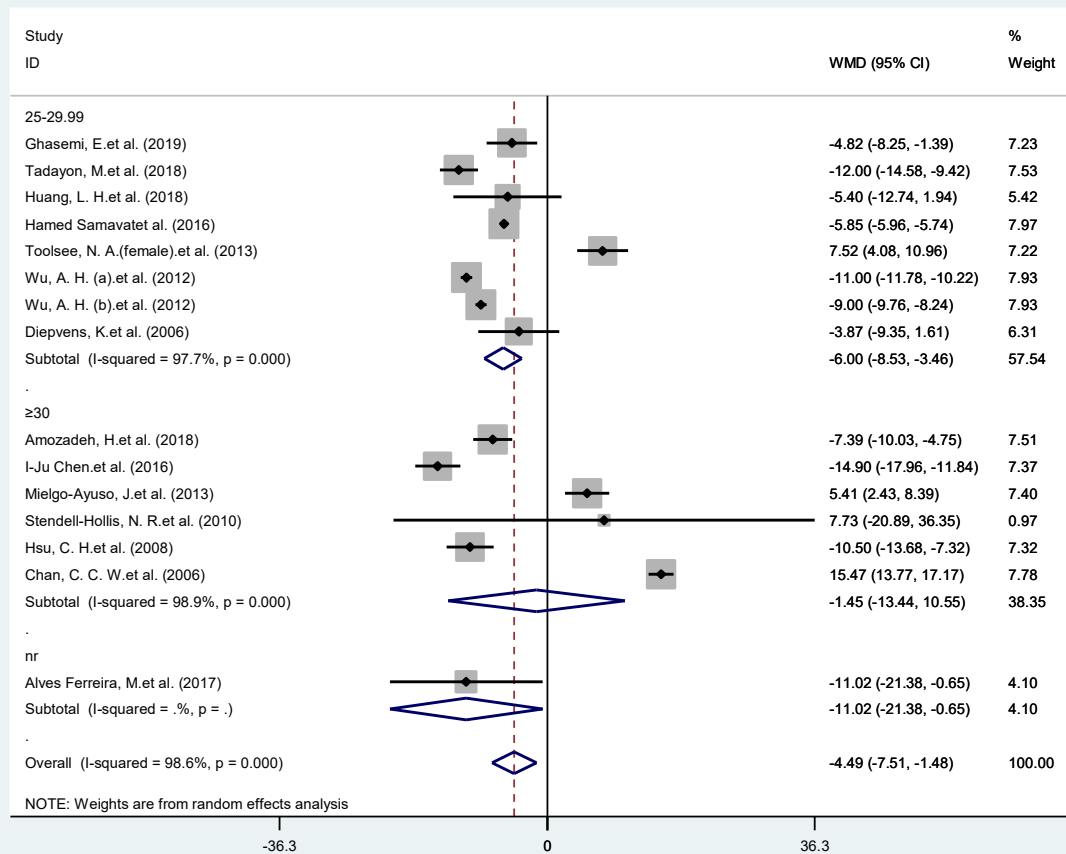
TG



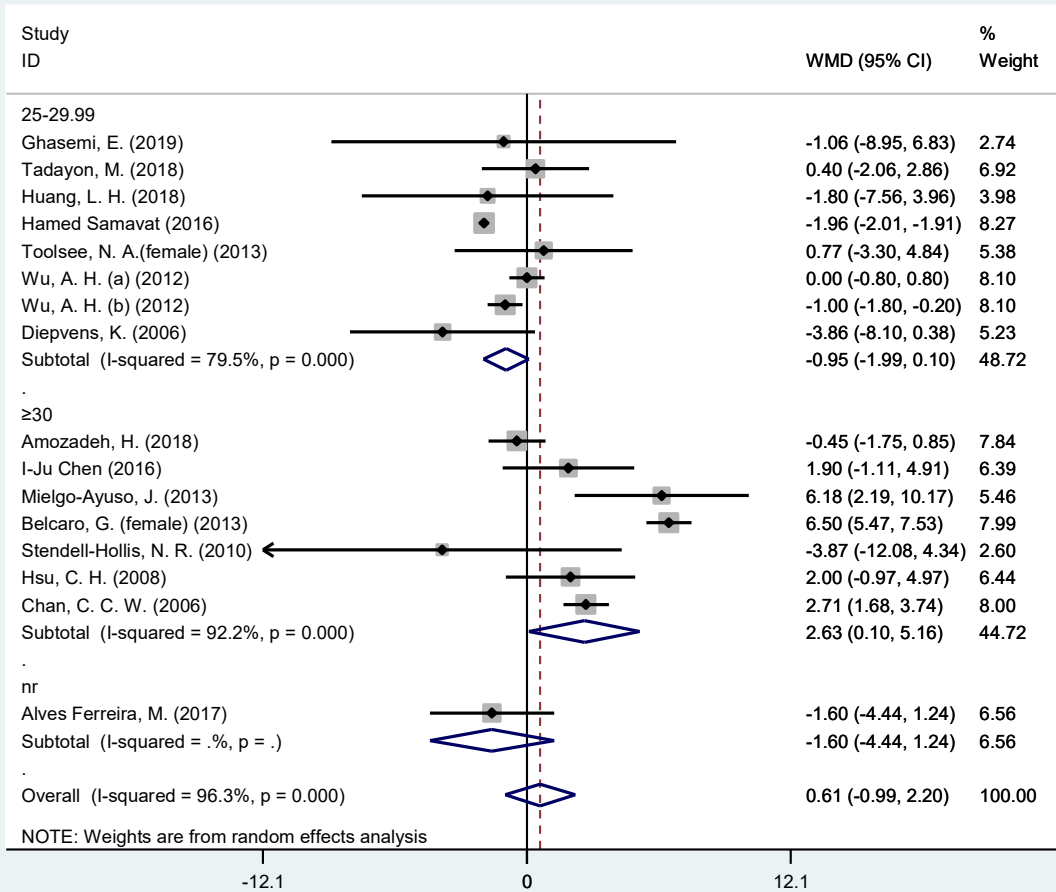
TC



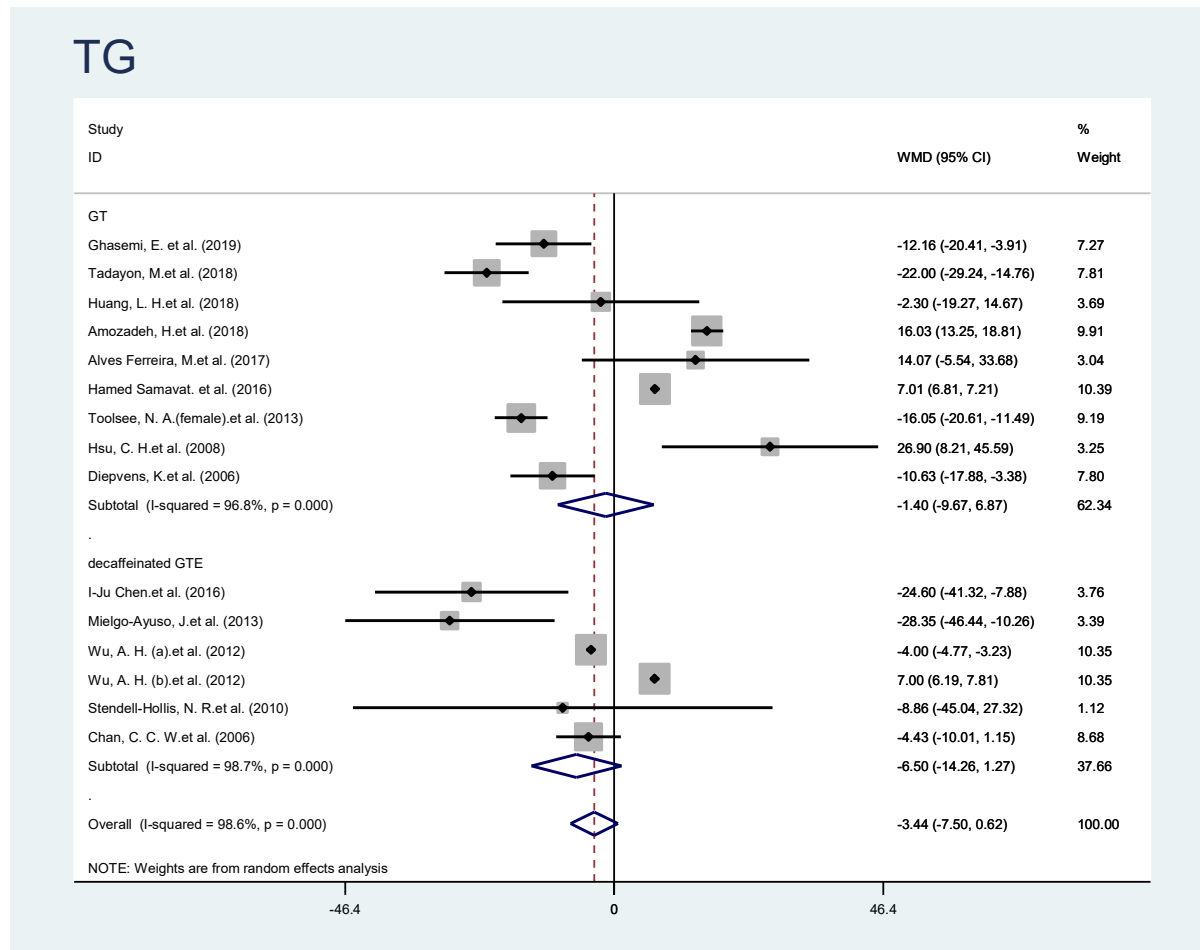
LDL-C



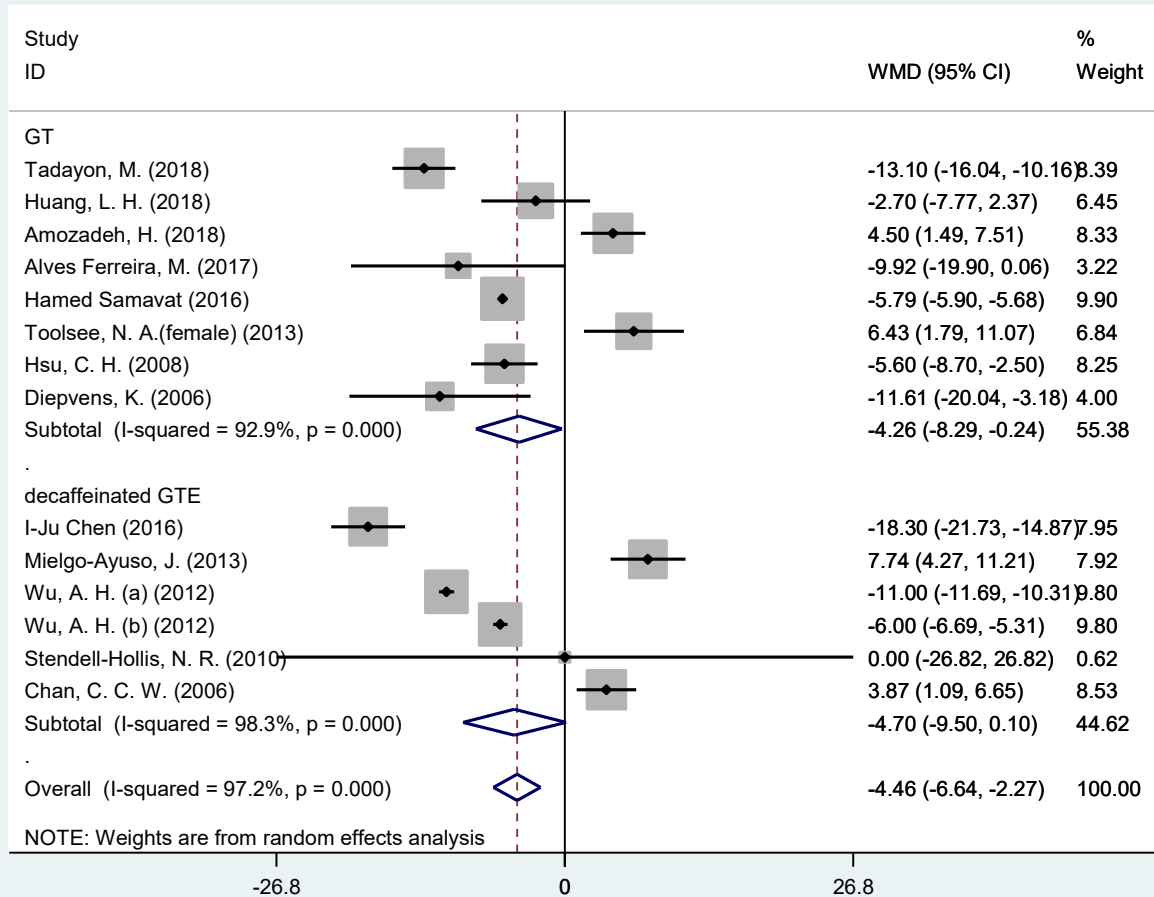
HDL-C



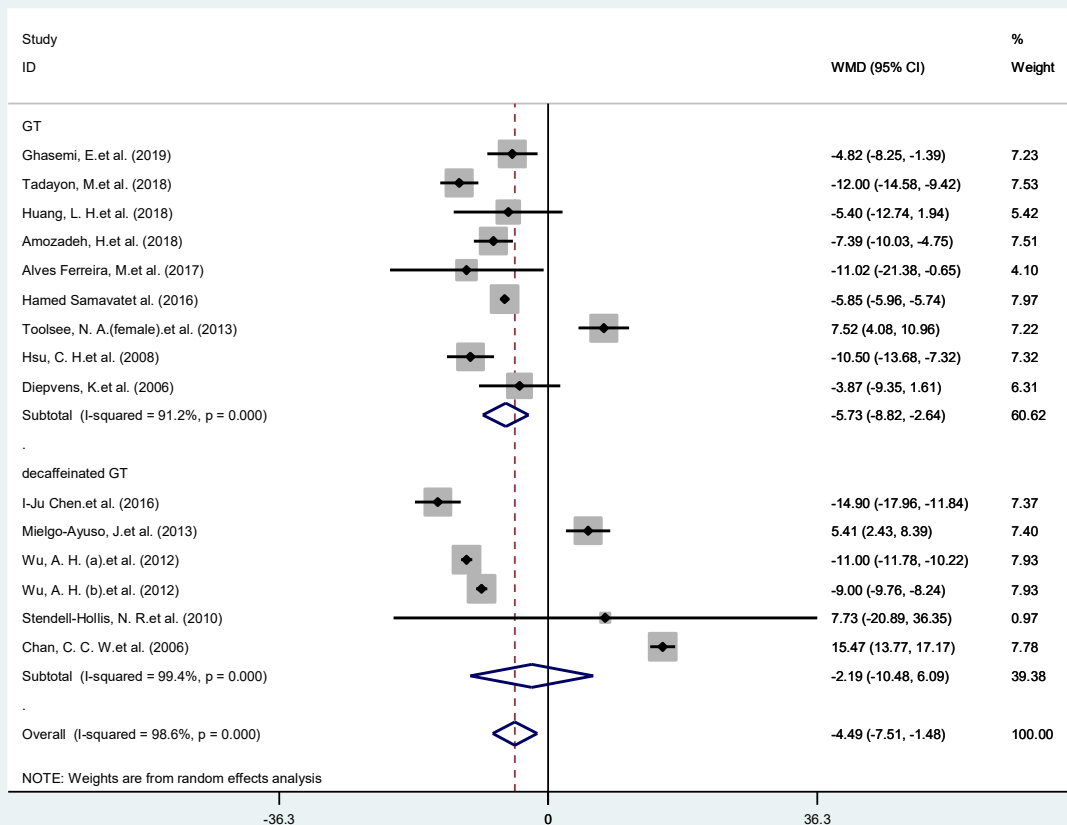
D) Green tea and decaffeinated green tea



TC



LDL-C



HDL-C

